# CHAMPIONNATS DE PATINAGE



STAR et Adulte | DE LA SECTION QUÉBEC

# **REVISED FEBRUARY 5 2025**

# Announcement

(Date)

April 3 to 6 2025

Site

Complexe 2 Glaces Honco

Host

CPA St-Romuald/ St-Jean

Sanctioned by Skate Canada P-24-006

# IMPORTANT NOTICE

Please note that online registration is mandatory for all participants. Registration fees must be paid online and must be received at the Patinage Québec office before February 4, 2025 4pm EST.

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THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

# **GENERAL INFORMATION**

Presented by LSM, the STAR 2025 Championships – Quebec Section will be held in accordance with <u>Skate</u> <u>Canada Competition Rules</u>.

#### **CONTACT INFORMATION**

Competition manager:
Phone :
Email :
Website :

Competition Manager : Technical representative : Chief Data Specialist: Chief Computer Data Specialist: Jessie Côté 514 252-3073 ext 3827 jcote@patinage.qc.ca www.patinage.qc.ca

> Jessie Côté Jacques Boisvert Hélène D'amour André Voyer

# **RINKS:**

Name of the competition rink	Ice surface
Complexe 2 Glaces Honco	85 ' x 200' (Glace 1)
275, av. Taniata	85' x 200' (Glace 2)
Lévis (Qc) G6W 5M6	

#### PURPOSE OF SECTIONAL CHAMPIONSHIPS

The Quebec Section STAR and Adult 2025 Skating Championships identify the top STAR skaters in the province.

## ELIGIBILITY TO COMPETE (TECHNICAL REQUIREMENTS)

For all categories, competitors must be Skate Canada members in good standing.

Competitors may not participate in more than one category per discipline, e.g.: entering STAR 6 free program and STAR 8 free program will not be permitted.

For synchronized skating, the Club may register teams in more than one Event Category provided that, for each new Category in which they are entered, they replace at least 50% of the skaters (the calculation does not include substitutes) and present a different program to different music.

#### **ELIGIBILITY TO COMPETE**

Participants in the Quebec Section STAR and Adult 2025 Skating Championships section must meet the following criteria:

- (1) Be a member in good standing of the Association.
- (2) CANADIAN CITIZENSHIP: Canadian citizens under the 1985 Citizenship Act or, if foreign subjects, permanent residents who have been resident in Canada for at least one year prior to the date of the championship in which they wish to participate. If the participant is of legal age, he/she must sign, in good faith, his/her intention to become a Canadian citizen. If the participant is not Canadian and is a minor, he and his parents (or guardians if both parents are deceased) must sign, under oath, with the Skate Canada Chief Executive Officer, a declaration indicating his intention to become a citizen as soon as legally possible.

In the case of a skating or ice-dancing couple, at least one partner must be a Canadian citizen. The other partner may be a citizen or resident of any other ISU member country and need not reside in Canada.

All foreign citizens wishing to participate in Skate Canada qualifying competitions must complete the Foreign Citizen Application Form. To be eligible for these competitions, you must present a letter of "acceptance" from the Skate Canada National Office when you register for a qualifying competition of the season.

#### (3) CODE ON ETHICS: See the Skate Canada of Ethics

#### **REPLACEMENT (Synchronized skating only)**

There may be a maximum of four (4) substitutes per team in all categories.

#### Problems that may arise during a performance :

The technical representative or his designated substitute (ice level referee) may ask a team substitute to pick up any object that has fallen on the ice (hair accessory or other), thus ensuring the safety of the skaters without having to interrupt the program. To this end, it is requested that, where possible, all teams place a substitute on skates, without blade guards, near the rink entrance during the presentation of the team's program.

#### CONDITIONS REQUIRED FOR REGISTRATION

 TEST REQUIREMENTS : Competitors wishing to participate in the Championships must have passed the tests listed in the Skate Canada Competition Program Rules before January 1, 2025. A skater who has passed a test or part of a higher test may also be considered eligible, provided he/she meets the minimum test requirements.

- (2) AGE REQUIREMENTS : Competitors wishing to participate in the Championships must meet the age requirements stipulated in the Skate Canada Competition Rules for each discipline.
- (3) PARTICIPATION IN SINGLES EVENTS AT SECTIONAL CHAMPIONSHIPS: A competitor may only take part in the singles events of the championships of the section of which his or her club/school is a member.

#### **ENTRY INFORMATION**

Immediately after the results of your regional final are posted, qualified participants must confirm their participation in the Quebec Section STAR and Adult 2025 Skating Championships to the regional representatives, who will inform them of the procedure to follow and collect the information needed to register for the provincial final, as well as the cost of affiliation.

Registrations must be made online via the following link : Registration

All entries and payments must be received before Tuesday, February 4th 2025 at 4 pm. (HNE (UTC-04:00)).

The registration fees must be paid online by credit card or Debit.

For refunds made before the registration deadline, Patinage Québec will deduct from the refund a 5% administration fee as well as the online registration fee.

No group or category changes will be made after posting on the website.

**No refunds will be authorized after the registration deadline.** It is the skater's responsibility to ensure that they are eligible for the category in which they are registering.

### **ENTRY FEES**

Entry fees do not include service charges (1% (min \$ 1, max \$10)), administrative charges (2.5%.) and taxes.

	Before February 4 <sup>th</sup> 2025 4:00 PM	From February 4, 2025 4:01 PM to February 18, 2025 4:00 PM
1 event		
Simple STAR		
Special Olympics (free skating and solo ice dance)	200\$	250\$
Adults (free skating, solo ice dance and interpretive)		

Additional events			
Special Olympics (free skating and solo ice dance) Adults (free skating, solo ice dance and interpretive)	+ 75\$ / event	+125\$ /event	
F	Pairs and Ice Dance		
1 event			
Adults (Pairs and Ice Dance)	115 \$ / partner	165 \$ / partner	
Juvenile Pairs	115\$ / partner	165 \$ / partner	
Pre-Juvenile Ice Dance	115\$ / partner	165 \$ / partner	
2 events			
Juvenile Ice Dance	165\$ / partner	265\$ / partner	
Additional events			
Adults (Pairs and Ice Dance)	+ 50 \$ / partner / event	+100 \$ / partner / event	
Synchronised Skating			
Teams (STAR 8 and more)	260\$	360\$	
Skater (STAR 8 and more)	50\$	100\$	

Example for a 2-event entry: An adult skater can enter both Interpretive and Freestyle.

Registration for skaters, officials and coaches will begin one hour prior to the events. Registration takes place on site.

# PLANNED PROGRAM

All participants must complete the online program content form by Tuesday, March 4<sup>th</sup> , 2025.

A \$10 fee will be applied for each missing program content form (Short Prog. and Free Prog.) **as of March 4<sup>th</sup>, 2025.** 

- Single
- Pairs
- Ice Dance
- Synchronised Skating

# **COMPETITION SCHEDULE**

The competition schedule will be available on the Patinage Québec website.

### ACCOMMODATION

Please refer to the Patinage Québec website, <u>www.patinage.qc.ca</u> for hotel and reservation information, under "*Compétitions*" / "*Compétitions provinciales*".

Commenté [AA1]: Ajouter liens

#### COACHES ACCREDITATION

#### Coaches must have the minimum NCCP certification for the various competitions.

- Scenario 1: Please note that to receive free accreditation to the various competitions, you must:
  - Present a valid Patinage Québec coach card.
    - <u>And</u> all additional dates on the card must be valid (ex: First Aid, Backcheck, etc.)
- <u>Scenario 2</u>: You do not meet the conditions of scenario 1, you then must <u>pay \$15 to receive your</u> accreditation (for the duration of the competition) in the following cases:
  - You have a valid Patinage Québec coach card, but one or more additional dates are not valid:
    - You must have with you the proof of renewal.
  - You have a Patinage Québec coach card that is not valid:
    - You have with you the proof of Skate Canada membership for the current season (additional dates must be valid)
      - If the additional dates are not valid you must have with you the proof of renewal.
  - You do not have a Patinage Québec coach card, but your name is on the coaches in good standing list.
  - You do not have a Patinage Québec coach card, your name is not on the coaches in good standing list, but you have the following documents with you:
    - o Proof of Skate Canada membership for the current season
    - o Valid First Aid certificate
    - o Backcheck certificate
    - « Respect in Sport » certificate
    - « Code of Ethics » certificate
    - <u>**OR**</u> a print screen of your Skate Canada profile with the proof of dates and certificates mentioned above.
- <u>Scenario 3</u>: You do not meet the conditions of scenarios 1 or 2, **you will not be accredited** and will then have **to be replaced** with your athlete by a coach in good standing.
  - If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative to ensure that access to changing rooms or rink side is denied for that coach.

If the coach is refused entry (not in good standing), the person responsible for accreditation will advise the technical representative so that the coach does not show up in the rooms or on rink side.

Number of coaches with the athlete (Singles, Pairs, Dance)

Two coaches per competitor/team will be accredited. Only TWO PERSONS, chosen by the skater, pair or team, will be admitted to the ice level.

#### **During accreditation**

Coaches must register in person and present their coaching card. They must wear the lanyard with the card around the neck at all times.

A colored bracelet (provided by Patinage Québec for provincial competitions only) will be wrapped around the card's lanyard OR around the coach's wrist if payment of \$15 has been made (proof provided).

#### TEAM MANAGERS AND CHAPERONES

Team managers and chaperones must be currently registered members of Skate Canada, in accordance with the Accreditation Policy.

Accreditation is granted to two coaches, one team manager and one chaperone, for a total of four people per team. The names and Skate Canada numbers of accredited individuals MUST appear on the online registration page under Participating Personnel.

If the team has two coaches, the main coach and one replacement (a skater) stand at the rink entrance, while the second coach and other replacements stand at the rink exit (in the area reserved for hugs and tears). In the event that the team has only one coach, the main coach and one substitute (a skater) stand at the rink entrance while the team manager stands at the rink exit (in the area reserved for hugs and tears).

The accompanying person has access to the dressing rooms ONLY; he/she is not allowed on the ice during training sessions and competition (including the area reserved for hugs and tears).

#### MUSIC

The music used must be in the public domain or from companies owning the performance rights.

Competitors who have music composed specifically for their programs either wholly or in part, are responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights societies.

#### IMPORTANT : Music files must be uploaded to SPLEX upon registration.

Competitors must ensure to carry a copy of their music on CD or USB memory stick and have it available at rink side as backup should a technical problem arise with the music file uploaded on the SPLEX platform. No files will be downloaded from the platform after <u>March 4 2025</u>. In case of a music change after this date, it is important to provide CDs for accreditation and mention that there has been a music change, as the download will take precedence over the CDs.

#### **Standard Specifications for CDs**

- (1) Only one program must be recorded on each CD
- (2) They must be recorded in MUSIC (Audio) format.
- (3) Competitor's name followed by category, program type short or free, and music time must be shown on the CD label.
- (4) Cellular phones, USB memory stick or MP3 files will not be accepted.

(5) Each CD must be enclosed in a plastic case.

It's important to clean your CDs and make sure they are not scratched to avoid reading problems.

Athletes will be able to recuperate their CDs after the end of each event. Any CD that is not collected will not be returned.

#### VIDEO

HFT Communications will be on hand to film the athletes during the competition. The registration fee includes the videos. A link will be sent to participants to download their videos. Please allow at least 48 hours to receive the link.

# AWARDS

Medals will be presented to the top three competitors of each event. If only two competitors participate in the event, they will both receive a medal. If only one competitor participates in the event, he/she will receive a medal. You will be able to obtain a copy of the medal presentation schedule at the time of registration.

#### ENTRY FEE

There is no admission charge for spectators at this event.

#### COSTUMES

Clothing for all competitors should be modest, dignified and appropriate for competitive sport – not gaudy or theatrical in design. Accessories are prohibited.

#### ACCIDENTS / LIABILITY

Skate Canada, Patinage Québec, and the volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the volunteer team and against their officers; their entries shall be accepted only on these conditions.

# OTHER INFORMATION

#### **Camera Policy**

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

# THIS ANNOUNCEMENT IS SUBJECT TO CHANGE.

Any regulations or communications issued by the ISU and the Quebec government in the coming months may result in changes to the announcement of the Quebec Section STAR and Adult 2025 Skating Championships

### **TECHNICAL REQUIREMENTS**

#### ELIGIBILITY FOR THE EVENTS WITH REGIONAL QUALIFICATIONS

For all categories, competitors must be members in good standing of <u>Skate Canada</u>.

The competitors must respect test requirements.

Competitors registered in a Jeux du Québec category during regional elimination and/or Section or Sub section Championships <u>cannot register</u> in **ANY** of the categories in the same discipline (simple, couple, dance) of the regional finals and the provincial final of the STAR Championship for the current year.

#### Current year : july 1, 2024 to june 30, 2025

Competitors cannot register in two categories of the same discipline (example STAR 6 and STAR 8 in Single).

	, , , ,
	Events in which skaters can participate in the
Competitive skater category	Quebec Section STAR and Adult 2025 Skating
	Championships
Const Lissites and Des laurails shoters in Circle	Sans-Limites and Pre-Juvenile skaters in Single
Sans-Limites and Pre-Juvenile skaters in Single	in Free Style
Pre-Novice Pair competition skaters	Free Style
Pre-Juvenile skaters and superior level Dance	Free Style
competition	
Competitive Synchronized skaters	All events

See the table below for details of the categories in which they can participate:

# **REGIONAL ELIMINATION PROCESS**

Immediately following the completion of the regional competition schedule, the technical representative determines the composition of the regional team as follows:

- a) The first three places (or in the event of withdrawal, the next place) **qualifying categories** for the STAR skating regional final. If there is only one entry, the participant will need to demonstrate if he/she wants to be eligible for the provincial final.
- **b)** In the event of non-participation in one or more categories in the regional final, the team will not be represented in that category.
- c) In the event of withdrawal, the replacement ill be in the same category.

- d) If there are fewer than three competitors in the same category, the competitors in that category will be eligible for the Quebec Section STAR and Adult 2025 Skating Championships provided they present their program at the regional elimination in their category.
- e) All skaters who compete in the STAR Regional Finals qualifying round will not be able to enter the Quebec Section STAR and Adult 2025 Skating Championships in another category. (example: Adult category)
- f) Substitutions meeting criteria a, c and d above will be accepted until Wednesday 4 p.m. preceding the start of the Quebec Section STAR and Adult 2025 Skating Championships.

# **REGIONAL TEAM REGISTRATION**

Athletes who will qualify for the regional team and the substitute must register at the indicated location before leaving the competition site. See timetables on display.

# **TECHNICAL INFORMATION**

# Reference: Competition ressource guide et Sans Limites Technical kit

		SINGLE EVENTS
✓ Women		nen 🗸 Men
•	GOLD	
	<u>Test</u> :	Must have passed the complete STAR 8 (Junior Silver) freestyle assessment.
	Age :	No age limit
	Free Skating p	orgm: 3 min. 30 sec. (+/- 10 sec.)
•	STAR 10	
	Test:	Must have passed the complete STAR 8 (Junior Silver) freestyle assessment.
	Age :	No age limit
	Free Skating p	orgm: : 3 min. (+/- 10 sec)
•	STAR 8	
	<u>Test</u> :	Must have passed the complete STAR 5 (Junior Bronze) freestyle assessment.
	Age :	No age limit
	Free Skating p	orgm: 3 min. (+/- 10 sec)
•	STAR 6	
	<u>Test</u> :	May have passed the complete STAR 5 (Junior Bronze) freestyle assessment.
	Age :	No age limit
	Free Skating p	orgm: 2 min. 30 sec. (+/- 10 sec.)
	074B -	

# • STAR 5

Tests : MUST NOT have passed any part of STAR 8 (Junior Silver) freestyle assessment.

13

Free Skating prgm: 2 min. (+/- 10 sec.)

- Under 10 years of age
  - Age : Not have reached 10 years of age on July 1st preceding the competition. **Under 13 years of age**
  - Age : Not have reached 13 years of age on July 1st preceding the competition.
- 13 and over

Age : Be aged 13 and over on July 1st preceding the competition.

• PRE-JUVENILE UNDER 11 YEARS OF AGE

<u>Test</u>: May have passed the complete STAR 5(Junior Bronze) freestyle assessment or higher.

Age :Not have reached 11 years of age on July 1st preceding the competition.Free Skating prgm:2 min. 30 sec. (+/- 10 sec.)

# SANS LIMITES UNDER 10 YEARS OF AGE, Women

Test : No restrictions

Age :Not have reached 10 years of age on July 1st preceding the competition.Free Skating prgm:2 min. 30 sec. (+/- 10 sec.)

#### • SANS LIMITES UNDER 9 YEARS OF AGE

Test : No restrictions

Age :Not have reached 9 years of age on July 1st preceding the competition.Free Skating prgm:2 min. 30 sec. (+/- 10 sec.)

# **PAIRS**

# • JUVENILE PAIR

Test :Must have passed STAR 5 (Junior Bronze) freestyle assessment or higher.Age :Not have reached 16 years of age on July 1st preceding the competition.Free Skating prgm:2 min. 30 sec. (+/- 10 sec.)

# ICE DANCE

# • JUVENILE

 Test :
 At least one partner must have passed the complete STAR 5 (Junior Bronze) or equivalent Dance Assessment or higher

 Age :
 Competitors must not have reached 16 years of age on July 1st preceding the competition.

Pattern Dances: Ten-Fox and European Waltz. Free Dance: 2 min. (+/- 10 sec.)

# PRE-JUVENILE

Test : At least one partner must have passed the complete STAR 5 (Junior Bronze) or equivalent Dance Assessment or higher

Age : Competitors must not have reached 14 years of age on July 1st preceding the competition.

Pattern Dances: Baby Blues and Tango Fiesta

# ELIGIBILITY FOR EVENTS WITHOUT REGIONAL QUALIFICATIONS ADULT CATOGORIES

# ELIGIBILITY

Competitors must be members in good standing of Skate Canada.

#### **Category requirements**

Skaters are expected to skate to their ability and enter the appropriate Category based on the competition program requirements. Competitors must be 18 years of age on July 1st of the current year.

Skaters are not allowed to register in two categories of the same discipline (example Bronze and Silver in single).

# **TECHNICAL INFORMATION**

Reference : Adult Skating Program Technical Requirements

### **GENERAL INFORMATION**

Note that successive age **categories** may be combined if numbers warrant it. Skaters must be notified prior to the competition if age **categories** are being combined.

#### **RATING SYSTEM**

> The cumulative point calculator (CPC) is used for all Adult events.

# ADULT SKATERS IN SINGLE

✓ Women

# √ Men

- > Under 35 years of age : Must not have reached the age of 35 as of July 1 preceding the competition.
- > 35 years and over : Must be 35 years and over as of July 1 preceding the competition.
- ADULT MASTERS ELITE Free Skating prgm: 3 min. (+/-10 sec.)
- ADULT MASTERS Free Skating prgm : 3 min. (+/-10 sec.)
- ADULT GOLD Free Skating prgm : 2 min. 50 sec (+/-10 sec.)
- ADULT SILVER
   Free Skating prgm : 2 min. (+/-10 sec.)
- ADULT BRONZE

Free Skating prgm: 1 min. 40 sec (+/-10 sec.)

# ADULT INTRO OPEN

Free Skating prgm : Maximum duration of 1 min. 40 sec.

# ADULT SKATERS PARTNERED PATTERN DANCE

- ADULT ELITE DANCE Pattern Dances : Starlight Waltz (2 seq.) and Quickstep (4 seq.)
- ADULT STAR 10/GOLD DANCE Pattern Dances : Starlight Waltz (2 seq.) and Quickstep (4 seq.)
- ADULT STAR 8/9 DANCE
   Pattern Dances: Kilian (4 seq.) and Starlight Waltz (2 seq.)
- ADULT STAR 6/7 DANCE Pattern Dances : Rocker Foxtrot (4 seq.) and Blues (3 seq.)
- ADULT STAR 4/5 DANCE Pattern Dances : Danse swing (2 seq.) and Fourteenstep (4 seq.)

#### ADULT PAIR SKATERS IN DANCE

- ADULT GOLD FREE DANCE Free dance : 3 min. (+/-10 sec.).
- ADULT SILVER FREE DANCE Free dance :2 min. 30 sec. (+/-10 sec.).
- ADULT BRONZE FREE DANCE Free dance :1 min. 50 sec. (+/-10 sec.).

# ADULT SKATERS SOLO DANCE

✓ Follower

√ Lead

- ADULT OPEN SOLO RHYTHM DANCE
   Rhythmic dance: Paso Doble according to the criteria as outlined in STAR program
   Requirement Guide
- ADULT ELITE SOLO DANCE Pattern dances : Starlight Waltz (2 seq.) and Quickstep (4 seq.)
- ADULT GOLD SOLO DANCE
   Pattern dances : Kilian (4 seq.) and Starlight Waltz (2 seq.)
- ADULT SILVER SOLO DANCE

Pattern dances : Rocker Foxtrot (4 seq.) and Blues (3 seq.)

#### ADULT BRONZE SOLO DANCE

Pattern dances : Danse swing (2 seq.) and Fourteenstep (4 seq.)

#### ARTISTIC ADULT SKATERS Test : No restrictions ✓ Women ✓ Men Duration of 2 min. (+/-10 sec.) ELITE ٠ GOLD Duration of 1 min. 30 sec. (+/-10 sec.) . SILVER Duration of 1 min. 30 sec. (+/-10 sec.) • BRONZE Duration of 1 min. 30 sec. (+/-10 sec.) • INTRODUCTORY Duration of 1 min. 30 sec. (+/-10 sec.) • ARTISTIC ADULT PAIR SKATERS

- Test : No restrictions
- ADULT OPEN MASTERS Duration of 2 min. 10 sec. (+/-10 sec.)
- ADULT OPEN PARTNER Duration of 1 min. 40 sec. (+/-10 sec.)

# SPECIAL OLYMPICS

#### ELIGIBILITY

For all categories, competitors must be members in good standing of Skate Canada.

The SOC Figure Skating rules are based upon the Skate Canada CanSkate and STAR programs. ISU or the SC rules shall be employed except when they are in conflict with the Official Special Olympics Canada Sport Rules. In such cases, the Official Special Olympics Canada Figure Skating Rules shall apply. **Note:** All reference to vocal music permitted is for Skate Canada national events only.

#### **TECHNICAL INFORMATION**

Regulations specific to Special Olympics Canada figure skating- winter sport must be consulted before each competition. This documentation is available on the Special Olympics Canada Website. In these documents, you will find the program content for each category.

#### Division

There can be no more than 8 skaters per group. When there are more than eight (8) skaters in a level, a skate-off will take place. In the case of an odd number of skaters the larger group would to into group "A" (the higher group) if the skate-off.

#### Skate-off for final flight

If a skate-off is necessary, skaters will e assigned to a warm-up group. Each group will warm-up and immediately compete (Warm-up group 1-Competition group 1). No results will be posted- only the final group in which the skaters will compete in.

If the number of skaters is uneven, the top group will have an odd number.

In the case of a tie, the PC scores will be used to break the tie. If after this the tie remains, the skater with the least number of Merit assessments will break the tie, followed by the number of bronze assessments etc. In Dance- only 1 dance will be used for a skate-off (to be drawn on day of competition).

#### **Planned Program sheets**

Will be required for all Freestyle and Pair Events

\*\*\* **Coaches and skaters** are required to hand in Planned Program sheets at registration desk for all Single and Pair events (please use the provided form).

#### Scoring

All events will be ranked. Final placements will be posted. Total scores will not be posted. For more information, please refer to the scoring appendix.

#### **Report Cards**

Each skater will receive a report card following the event. The report card will show the assessment of each Required Element and Component Scores or CPC marks depending on the event/level.

#### Awards

All skaters placing first through third will receive a medal. (No medal will be awarded for Introductory Dance)

Vocal music is permitted for Single and Pair events.

#### SCORING SYSTEM

- The Performance Standard system with ranking is used for Level 1 to 5, Masters, and Couple categories.
- The cumulative points calculation system. (CPC) is used for all Level 6 and open events, Dance Level 1 and above.

#### SINGLE EVENTS

#### ✓ Women ✓ Men

• LEVEL 1

Eligibility: For skaters working on Stages 1–3 of the CanSkate Program. Skaters must not have passed Stage 4.

Safety requirement: CSA approved helmets must be worn at all times including during competition.

FreeStyle Program: 1 min. +/- 10 sec.

LEVEL 2

**Eligibility**: For skaters working on Stages 4–6 of the CanSkate Program. Skaters must not have passed Stage 6.

Safety requirement : CSA approved helmets must be worn at all times for skaters who have not completed stage 5.

FreeStyle Program: Max. 1 min. 40 sec.

LEVEL 3

Eligibility: For STAR athletes, who have completed CanSkate Stage 6. Intended for the skaters who have not mastered more than 3 single jumps. The program must include elements from STAR Program-Level 1

FreeStyle Program: Max. 1 min. 40 sec.

• LEVEL 4

Eligibility : Intended for STAR Program skaters who have not mastered more than 5 single jumps.

FreeStyle Program: 2 min. +/- 10 sec.

LEVEL 5

Eligibility : Intended for STAR Program skaters who have not mastered double jumps. FreeStyle Program : 2 min. + / - 10 sec.

# • LEVEL 6

**Eligibility:** Intended for STAR Program skaters who are working double jumps. **FreeStyle Program :** 2 min. + / - 10 sec

## • OPEN

Eligibility: Skaters must have successfully completed the STAR 6 Freestyle assessment or higher. Gered to those skaters who can do ore than two double jumps. FreeStyle Program: 3 min. + / - 10 sec.

# • MASTER LEVEL 1/2

Eligibility:Intended for skaters who are performing at or below the Stage 6 CanSkate level.Age :The athletes must be 25 years of age as of July 1st preceding the competitionFreeStyle Program :Max. 1 min. 30 sec.

## • MASTER LEVEL 3/4

Eligibility:Intended for skaters who have not mastered more than 5 single jumps.Age :The athletes must be 25 years of age as of July 1st preceding the competitionFreeStyle Program :Max. 2 min.

#### PAIR EVENTS

#### LEVEL 1

Eligibility : Each skater must be in minimum Level 3 Freestyle FreeStyle Program : Max. 1 min. 30 sec.

# • LEVEL 2

Eligibility : Each skater must be in minimum Level 4 Freestyle FreeStyle Program : Max. 2 min.

## • LEVEL 3

Eligibility : One skater must be in Level 4 Freestyle or higher. One skater MUST be higher than Level 4 Freestyle
FreeStyle Program : Max. 2 min. 30 sec.

# PATTERN DANCE EVENT

#### PATTERN DANCE DRAW :

Please refer to Appendix A-Special Olympics Canada Dance Draw 2018-2025 for appropriate seasons dances.

• LEVEL 1

**Eligibility:** Skaters must have passed complete STAR 2 dance assessment. **Dance patterns :** Dutch Waltz (2 seq.) and Canasta (3 seq.)

• LEVEL 2

Eligibility :	Skaters must have passed the complete STAR 3 dance assessment but must not
	have passed the complete STAR 5 dance assessment.
Dance patterns	s: Fiesta (3 seq.) and Willow (2 seq.)

# • LEVEL 3

Eligibility:	Skaters must have completed STAR 4 dance assessment but must not have
	passed the complete STAR 6 dance test.
Dance patterns	: Fourteenstep (4 seq.) and Ten Fox (3 seq.)

• LEVEL 4

Eligibility :	Skaters must have completed the STAR 5 dance assessment but must not have
	passed the complete STAR 8 dance test.
Dance pattern	s: Rocker (4 seq.) and Européenne Waltz (2 seq.)

# LEVEL 5

Eligibility : Skaters must have completed the STAR 6 assessment but must not have passed the complete STAR 9 dance assessment.

Dance patterns : Rocker (4 seq.) and Blues (3 seq.)

• LEVEL 6

Eligibility : Skaters must have passed the complete STAR 9 dance assessment. No restriction to how many STAR 10 or Gold dances passed.

Dance patterns : Westminster Waltz (2 seq.) and Quickstep (4 seq.)

# SYNCHRONIZED SKATING

# STAR 8 (PRE-NOVICE)

Team consists of 8 to 16 skaters.
 AGE : Skaters must not have reached the age of 18 before July 1 preceding the competition.
 Freestyle program : Max. 3 min. 10 sec.

# ADULT PSY I

Team consists of 8 to 20 skaters AGE : Skaters must be at least 18 years of age before July 1 preceding the competition. Freestyle program: Max. 3 min. 10 sec.

# ADULT PSY II

Team consists of 8 to 20 skaters AGE : Skaters must be at least 18 years of age before July 1 preceding the competition. Freestyle program: Max. 3 min. 10 sec.

#### ADULT PSY III

Team consists of 8 to 20 skaters **AGE** : Skaters must be at least 18 years of age before July 1 preceding the competition. Freestyle program: Max. 2 min. 40 sec.