

# CHAMPIONNATS de la section Québec

SANS LIMITES À NOVICE

2025

## Announcement

**Date**

December 12 to 15 2024

**Site**

Palais des Sports et Aréna Eugène-Lalonde

**Host**

Patinage Sherbrooke

Sanctioned by Skate Canada  
P-24-005



**PATINAGE  
QUÉBEC**

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## **GENERAL INFORMATION**

The 2025 Skate Canada - Sans Limites to Novice Quebec Section Championships will be conducted in accordance with the [Skate Canada Competitive Rules](#). The non-qualifying categories of the sectional championships take place during this competition.

Rules governing Sectional championships also apply to any sub-sectional or other sectional elimination rounds unless otherwise stated in this announcement.

## **LOCAL ORGANIZING COMMITTEE CONTACT INFORMATION**

Manager of the competition:

Phone:

Email:

Website:

Jessie Côté  
514 252-3073 ext 3827  
[jcote@patinage.qc.ca](mailto:jcote@patinage.qc.ca)  
[www.patinage.qc.ca](http://www.patinage.qc.ca)

Manager of the competition:

Technical Representative:

Chief Data Specialist:

Chief Computer Date Specialist:

Jessie Côté  
Guylaine McSween  
Claudine Hébert  
Sylvie Potvin

## **RINKS TO BE USED**

| <b>Name of the competition rink</b>  | <b>Ice Surface</b> |
|--|--------------------|
| <b>Palais des sports de Sherbrooke</b><br>360 rue du Cegep<br>Sherbrooke, Qc J1E 2J9 | 85' X 200'         |
| <b>Aréna Eugène-Lalonde</b><br>350 Rue Terrill,<br>Sherbrooke, QC J1E 2K9            | 100' X 200'        |

## **PURPOSE OF SECTIONAL CHAMPIONSHIPS**

Sectional Championships allows the identification of the best skaters in each Section for advancement to the next round of qualifying events ultimately leading to the 2024-2025 Skate Canada Trophy/ 2025 Skate Canada Cup.

The planning and execution of each Sectional Championship is delegated to the Section and/or its host committee with support from Skate Canada nationally. The event is under the technical supervision of a technical representative assigned by the section.

In accordance with Skate Canada rules, all Sectional Championships events must be concluded a minimum of 7 days prior to Skate Canada Trophy in the current competitive season.

## **ELIGIBILITY TO COMPETE (technical requirements)**

For all categories, the participants must be members in good standing with [Skate Canada](#).

Competitors may not participate in more than [one category per discipline](#), for example: registering in the Pre-Novice Ladies combined programs and Novice Ladies combined programs will not be allowed.

For Synchronized Skating, the club can register teams in more than one Category of event provided that, for each new category in which they are registered, they replace at least 50% of the skaters (the calculation does not include substitutes) and present a different program on another music.

Competitors do not have the option of entering a single segment if they wish. Participation in the short program is mandatory to access the free program.

For Synchronized Skating Qualifying Events leading to the 2025 Canada Cup, up to 25% of the team (four skaters from a team of sixteen skaters and three skaters from a team of twelve skaters) may be a member of different ISU members than Canada, provided that such skaters are released by the respective ISU member to which they belong. Canadian citizenship or residency requirements presented below do not apply to these skaters. Substitutes are not included in the calculation for percentage purposes.

Participation of synchronized skating teams is mandatory to have access to National competitions.

## **ELIGIBILITY TO COMPETE**

Participants in the 2025 Skate Canada - Sans Limites to Novice Quebec Section Championships must meet the following criteria:

- (1) Be a member in good standing of the Association.
- (2) **[CANADIAN CITIZENSHIP](#)**: Be Canadian citizens within the meaning of the Citizenship Act, RSC 1985. If the individual is not a Canadian citizen, such individual must have permanent resident status and have resided in Canada for at least one year prior to the date of the Championships they wish to enter. Also, if the entrant is of legal age, the entrant must file a declaration to indicate that he intends in good faith to become a Canadian citizen. If the entrant is an alien minor, he and the living parents (or guardians if both parents are deceased) must have also filed a sworn statement with the Chief Executive Officer of Skate Canada that said minor intends to become a citizen as soon as legally possible.

In the case of a skating or ice dancing pair, at least one of the two partners must be Canadian citizens. The other partner can be a citizen or resident of any other ISU member country and does not have to be resident in Canada.

All foreign citizens wishing to participate in Skate Canada qualifying competitions must complete the Foreign Citizen Application Form. To be eligible for these competitions, you must present an "acceptance" letter from the National Skate Canada office when registering for a qualifying competition for the season.

### **NON-CANADIAN CITIZEN APPLICATION**

- (3) **CODE ON ETHICS**: [See the Skate Canada Code of Ethics](#).

## CONDITIONS REQUIRED FOR REGISTRATION

- 1) **TESTS REQUIREMENTS:** Competitors wishing to compete in the Championships must have passed the tests listed in the [Skate Canada Competition Program Rules](#) or in the Patinage Québec Technical Requirements for Sans Limites by **November 15, 2024**. A skater who has passed a test or part of a higher test may also be considered eligible provided that the minimum test requirements are met.
- 2) **AGE REQUIREMENTS:** Competitors wishing to compete at the Championships must meet the age requirements set out in the [Skate Canada Competition Rules](#) for each discipline.
- 3) **COMPETING IN SINGLES AT SECTIONALS:** A skater may only compete in Singles events in the Championships of the Section of which his home club/school is a member.

### **REPLACEMENT (Synchronized skating only)**

There may be a maximum of four (4) substitutes per team in all categories.

### **Problems that may arise during a performance:**

The technical representative or his designated substitute (ice level referee) may ask a team substitute to pick up any object that has fallen on the ice (hair accessory or other), thus ensuring the safety of the skaters without having to interrupt the program. To this end, it is requested that, where possible, all teams place a substitute on skates, without blade guards, near the rink entrance during the presentation of the team's program.

## RESTRICTIONS FOR REGISTRATION

Please consult: [REGISTRATION](#)

## ENTRY INFORMATION

Registration must be completed online via the following link: [Registration](#). All registrations and payments must be received at the latest **Tuesday November 12, 2024 at 4:00 p.m.**

Registrations received within 7 days of the registration deadline are subject to a late registration fee of \$50 per program.

The registration fees must be paid online by credit card or Debit.

It is the skaters' responsibility to make sure they are eligible for the category they are registering for.

For refunds made before the registration deadline, Patinage Québec will refund registration fees, but will retain service and administration fees.

No change of group or category will be made after posting on the website.

For synchronized skating, only skaters whose names appear on the entry form for the 2025 Quebec Section Championships - Sans-Limites to Novice will be authorized to skate at the Skate Canada Cup 2025. Substitutions or additions are not permitted. The maximum number of substitutes is four per team, for a maximum of 20 skaters. Substitutes must be registered with the rest of the team before the registration deadline.

**No refund will be authorized after the registration deadline.** It is the skaters' responsibility to make sure they are eligible for the category they are registering for.

### **ENTRY FEES**

Entry fees do not include service charges (1% (min \$ 1, max \$10)), administrative charges (2.5%.) And taxes. Entry fees include competition videos.

|                             | <b>Before November 12, 2024<br/>4:00 PM</b> | <b>Between November 12<br/>and 18, 2024 4:00 PM</b> |
|-----------------------------|---|---|
| <b>Single</b>               | <b>Combined program</b>                     | <b>Combined program</b>                             |
| Pre-Novice and Novice       | 300 \$                                      | 400 \$  |
| Sans-Limites to Juvenile    | 200 \$                                      | 250\$   |
| <b>Pair and Dance</b>       |   |   |
| Pre-Novice and Novice       | 180 \$ / partner                            | 280 \$ / partner                                    |
| Juvenile Dance              | 180 \$ / partner                            | 280 \$ / partner                                    |
| Juvenile Pair               | 115\$ / partner                             | 165\$ / partner                                     |
| Pre-Juvenile Dance          |   |   |
| <b>Synchronised Skating</b> |   |   |
| Team                        | 260 \$                                      | 360 \$  |
| Skater                      | 50 \$                                       | 100 \$  |

Registration for skaters, officials and coaches will start one hour prior to the start of the events. Registrations are done on each competition site.

### **PLANNED PROGRAM**

All participants must submit the Planned Program form online. Deadline to submit changes to planned program form: **before, November 21<sup>st</sup> 2024.**

A fee of \$10 for each missing program content form (Short Prog. and Free Prog.) as of **November 21<sup>st</sup> 2024,** will apply.

- [Single](#)
- [Pair](#)
- [Dance](#)
- [Synchronised Skating](#)

## **COMPETITION SCHEDULE**

The competition schedule will be available on [Patinage Québec website](#).

## **OFFICIAL PRACTICES**

An official practice will be held for each qualifying event.

Singles: Pre-Novice , Novice

Pair and Dance: Pre-Novice , Novice

Synchronized Skating: Novice, Open, Intermediate

## **ACCOMMODATION**

Please refer to the Patinage Québec website, [www.patinage.qc.ca](http://www.patinage.qc.ca) for hotel and reservation information, under "Compétitions" / "Compétitions provinciales".

## COACHES ACCREDITATION

Coaches must have the minimum NCCP certification for the various competitions.

**Scenario 1:** Please note that to receive free accreditation to the various competitions, you must:

- Present a **valid** Patinage Québec coach card.
  - **And** all additional dates on the card must be valid (ex: First Aid, Backcheck, etc.)

**Scenario 2:** You do not meet the conditions of scenario 1, you then must **pay \$15 to receive your accreditation** (for the duration of the competition) in the following cases:

- You have a valid Patinage Québec coach card, but one or more additional dates are not valid:
  - You must have with you the proof of renewal.
- You have a Patinage Québec coach card that is not valid:
  - You have with you the proof of Skate Canada membership for the current season (additional dates must be valid)
    - If the additional dates are not valid you must have with you the proof of renewal.
- You do not have a Patinage Québec coach card, but your name is on the coaches in good standing list.
- You do not have a Patinage Québec coach card, your name is not on the coaches in good standing list, but you have the following documents with you:
  - Proof of Skate Canada membership for the current season
  - Valid First Aid certificate
  - Backcheck certificate
  - « Respect in Sport » certificate
  - « Code of Ethics » certificate
  - **OR** a print screen of your Skate Canada profile with the proof of dates and certificates mentioned above.

**Scenario 3:** You do not meet the conditions of scenarios 1 or 2, **you will not be accredited** and will then have **to be replaced** with your athlete by a coach in good standing.

- **If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative to ensure that access to changing rooms or rink side is denied for that coach.**

### **Number of caches with the athlete**

Two coaches per competitor/team will be accredited. **Only two persons, chosen by the skater the skater, pair or team, will be admitted to the ice level.**

Coaches must get accredited in person and present their coach card. They must wear the lanyard with the card around their neck at all times.

**A colored bracelet (provided by Patinage Québec) will be wrapped around the card lanyard OR on the coach's wrist if the payment of \$15 has been made (proof provided).**

## TEAM MANAGERS AND CHAPERONES



Three people per team may be accredited, which may include coaches and team managers. A maximum of two coaches may be included among the three accredited personnel. Team managers and chaperones must be currently registered members of Skate Canada, in accordance with the Accreditation Policy. The names and Skate Canada numbers of accredited individuals MUST appear on the online registration page under Participant Personnel.

Those accredited as synchronized skating managers, who are also Skate Canada coaches, are subject to the requirements set out in the Coaching Accreditation Policy. Exemptions may be considered on a case-by-case basis.

If the team has two coaches, the main coach and one alternate (a skater) stand at the entrance to the rink, while the second coach and other alternates stand at the exit to the rink (in the “*kiss and cry*” reserved area). If the team has only one coach, the head coach and one alternate (a skater) stand at the rink entrance, while the team manager stands at the rink exit (in the “*kiss and cry*” reserved area).

## **MUSIC**

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed specifically for their programs either wholly or in part, are responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights societies.

**IMPORTANT: Music files must be uploaded to SPLEX during registration.**

Competitors must provide their music when registering on the SPLEX platform. It is possible to change files once registration has been completed. To do so, please refer to our website under the Announcement for this competition. No files will be downloaded from the platform after **November 21, 2024**.

No files will be downloaded from the platform after **that date**.

In case of a music change after this date, **it is essential to provide CDs for accreditation** and mention that there has been a music change, as the download will take precedence over the CDs.

## **Standard Specifications for CDs**

- (1) Only one program shall be recorded on each CD
- (2) They must be recorded in MUSIC (Audio) format.
- (3) Competitor's name followed by category, program type – short or free, and music time shall be shown on the CD label.
- (4) **Cellular phones, USB flash drive or MP3 files** won't be accepted.
- (4) Each CD shall be enclosed in a plastic case.

It's important to clean your CDs and make sure they are not scratched to avoid reading problems. For any technical questions, please write to [patinage@patinage.qc.ca](mailto:patinage@patinage.qc.ca).

## **After the event:**

Athletes will be able to recuperate their CDs after the end of each event. Any CD that is not collected will not be returned.

## **VIDEO**

HFT Communications will be on hand to film the athletes during the competition. **The registration fee includes the videos. A link will be sent to participants to download their videos. Please allow at least 48 hours before receiving the link.**

## **AWARDS**

Skate Canada, Quebec Sectional medals will be presented to the top three finishers of each event. If only two competitors participate in the event, they will both receive a medal. You will be able to obtain a copy of the medal presentation schedule at the time of registration.

## **ENTRY**

There is no admission charge for spectators at this event.

Coaches who are Skate Canada members and certified according to the requirements will be admitted free of charge upon presentation of their photo card (mandatory). They must always wear their photo card and bracelet around their neck.

## **COSTUMES**

Clothing for all competitors should be modest, dignified and appropriate for competitive sport - not gaudy or theatrical in design. Accessories are prohibited.

## **ACCIDENTS / LIABILITY**

Skate Canada, Patinage Québec, and the volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the volunteer team and against their officers; their entries shall be accepted only on these conditions.

## **OTHER INFORMATION**

### **Camera Policy**

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

**THIS ANNOUNCEMENT IS SUBJECT TO CHANGE.**

*Any regulations or communications issued by the ISU and the Quebec government in the coming months may result in changes to the announcement of the Skate Canada 2025 Quebec Section Sans-Limite to Novice Championships.*

## **GENERAL REGULATIONS**

### **RATING SYSTEM**

The cumulative point system (CPC) is used for all events.

### **ELIGIBILITY FOR COMPETITIONS (Technical requirements)**

For all categories, competitors must be members in good standing of [Skate Canada](#).

Competitors may not participate in more than one category per discipline.

### **DRAW**

Subsequent draws will be made in reverse order.

### **SKATE CANADA CHALLENGE COMPETITOR SELECTIONS**

### **CANADA CUP AND NOVICE CANADIAN CHAMPIONSHIPS COMPETITOR SELECTIONS**

### **SKATE CANADA SECTIONAL CHOICE OF COMPETITORS**

#### **SELECTION OF COMPETITORS FOR THE SKATE CANADA QUEBEC SUBSECTION CHAMPIONSHIPS**

The selection of competitors for the 2025 Quebec Skate Canada Sub-Section Championships who are eligible to compete in the 2025 Quebec Skate Canada Section Sans-Limites to Novice Championships were made as follows at the 2025 Sub-Section Championships, held in November 2024 in Sainte-Marie:

##### **(A) PRE-NOVICE WOMEN SKATERS**

The top 54 combined technical scores from the short and free programs will qualify for the Quebec Section Skate Canada 2025 Sans-Limites to Novice Championships. In the event of a tie, the total score will be used to break the tie. The list will be available one and a half hours after the end of the Pre-Novice Ladies competitions.

##### **(B) NOVICE WOMEN SKATERS**

The top 36 combined technical scores from the short and free programs will qualify for the Quebec Section Skate Canada 2025 Sans-Limites to Novice Championships. In the event of a tie, the total score will be used to break the tie. The list will be available one and a half hours after the end of the Novice Ladies competition.

##### **(C) OTHER DISCIPLINES**

Participants in other disciplines may participate in the Quebec Section Skate Canada 2025 Sans-Limites to Novice Championships. Their participation in Sub-Section championships is therefore compulsory, unless they meet the conditions of points (d) and/or (e).

**(D) EXEMPTIONS FOR COMPETITORS IN SUB-SECTION COMPETITIONS ACCORDING TO SKATE CANADA RULES**

Skate Canada grants exemptions for Sectionals. Full details can be found in Section 12 of the Skate Canada Competition Rules. Skaters receiving a bye for a Sectional automatically receive a bye for the Quebec Sub-Sectional Championships, if applicable.

**(E) COMETITTOR EXEMPTIONS FROM SUB-SECTION COMPETITIONS GRANTED BY PATINAGE QUÉBEC**

Patinage Québec may grant exemptions from competing in Sectional Championships. Competitors granted exemptions from Sub-Section qualifying events may enter Sectional events without further qualification.

A list of exemptions will be established by the High Performance Director, in consultation with the President of Patinage Québec.

**SECTIONAL CHAMPIONSHIPS FINAL QUALIFICATION PROCESS (Pre-Novice - Novice)**

See [Patinage Québec's provincial competition technical kit](#).

Summary table :

| <b>CATEGORIES</b> | <b>SHORT PROGRAM</b>      | <b>FREE PROGRAM</b> |
|-------------------|---------------------------|---------------------|
| Pre-Novice Dames  | 54 + PQ AND SK EXEMPTIONS | 24 + SK EXEMPTIONS  |
| Novice Dames      | 36 + PQ AND SK EXEMPTIONS | 24 + SK EXEMPTIONS  |

## **SECTIONAL CHAMPIONSHIPS FINAL QUALIFYING PROCESS (Pre-Juvenile and Juvenile)**

- In the qualifying round, all skaters will skate their free program.
- The top 24 technical scores from the entire qualifying round will advance to the final. In the event of a tie, the total score will be used to break the tie.
- The list of qualified skaters will be available one and a half hours after the end of the last qualifying event.

## **SPECIFICATIONS FOR EVENTS - SKATE CANADA 2025 QUÉBEC SECTIONALS- SANS-LIMITES TO NOVICE**

### **SINGLE EVENT FOR WOMEN**

#### **A) Novice**

- (I) **TEST** : Must have passed the complete GOLD free style test.
- (II) **AGE** : Must be under the age of 17 on July 1<sup>st</sup> preceding the competition.
- (III) Short program 2 min. 20 sec. (+/- 10 sec.).  
Free program 3 min. 30 sec. (+/- 10 sec.)

#### **B) Pre-Novice**

- (I) **TEST** : Must have passed the complete STAR 6 free style test or higher.
- (II) **AGE** : Must be under the age of 16 on July 1<sup>st</sup> preceding the competition.
- (III) Short program 2 min. 20 sec. (+/- 10 sec.).  
Free program 3 min. (+/- 10 sec.)

#### **C) JUVENILE (Under 14)**

- (I) **TEST**: Must have passed the complete STAR 5 (Junior Bronze) free style test or higher. .
- (II) **AGE**: Must be under the age of 14 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

#### **D) PRE-JUVENILE (Under 11)**

- (I) **TEST**: Must have passed the complete STAR 5 (Junior Bronze) free style test or higher.
- (II) **AGE**: Must be under the age of 11 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

#### **E) SANS-LIMITES UNDER 10 YEARS OF AGE**

- (I) **TEST**: No Restriction
- (II) **AGE**: Must be under the age of 10 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**F) SANS-LIMITES UNDER 9 YEARS OF AGE**

- (I) **TEST:** No Restriction
- (II) **AGE:** Must be under the age of 9 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**G) SANS-LIMITES UNDER 8 YEARS OF AGE**

- (I) **TEST:** No Restriction
- (II) **AGE:** Must be under the age of 8 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. (+/- 10 sec.)

**H) SANS-LIMITES UNDER 7 YEARS OF AGE**

- (I) **TEST:** No Restriction
- (II) **AGE:** Must be under the age of 7 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. (+/- 10 sec.)

**SINGLE EVENT FOR MEN**

**A) Novice**

- (I) **TEST :** Must have passed the complete GOLD free style test.
- (II) **AGE :** Must be under the age of 17 on July 1<sup>st</sup> preceding the competition.
- (III) Short program 2 min. 20 sec. (+/- 10 sec.).  
Free program 3 min. 30 sec. (+/- 10 sec.)

**B) Pre-Novice**

- (I) **TEST :** Must have passed the complete STAR 6 free style test or higher.
- (II) **AGE :** Must be under the age of 16 on July 1<sup>st</sup> preceding the competition.
- (III) Short program 2 min. 20 sec. (+/- 10 sec.).  
Free program 3 min. (+/- 10 sec.)

**C) JUVENILE (Under 14)**

- (I) **TEST:** Must have passed the complete STAR 5 (Junior Bronze) free style test or higher.
- (II) **AGE:** Must be under the age of 14 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**D) PRE-JUVENILE (Under 11)**

- (I) **TEST:** Must have passed the complete STAR 5 (Junior Bronze) free style test or higher.
- (II) **AGE:** Must be under the age of 11 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**E) SANS-LIMITES UNDER 9 YEARS OF AGE**

- (I) **TEST:** No Restriction
- (II) **AGE:** Must be under the age of 9 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**PAIR EVENTS**

**A) NOVICE**

- (I) **TEST :** Successful completion of the STAR 10 (Senior Silver) freestyle test.
- (II) **AGE :** No restriction
- (III) Short program 2 min. 40 sec. (+/- 10 sec.).  
Free program 3 min. 30 sec. (+/- 10 sec.)

**B) PRE-NOVICE**

- (I) **TEST :** Avoir réussi le test complet STAR 6) free style test or higher.
- (II) **AGE :** Competitors in Pair Pre-Novice must be under 18 years of age on July 1<sup>st</sup> preceding the competition
- (III) Short program 2 min. 40 sec. (+/- 10 sec.).  
Free program 3 min. (+/- 10 sec.)

**C) JUVENILE**

- (I) **TEST:** Must have passed the complete STAR 5 (Junior Bronze) free style test or higher.
- (II) **AGE:** Competitors in the Pair Juvenile category shall be under the age of 16 on July 1<sup>st</sup> preceding the competition.
- (III) Free program 2 min. 30 sec. (+/- 10 sec.)

**DANCE EVENTS**

**A) NOVICE**

- (I) **TEST:** At least one partner must have successfully completed the STAR 8 (Senior Silver) dance test or higher.
- (II) **AGE:** Must be under the age of 21 on July 1<sup>st</sup> preceding the competition.
- (III) Pattern dance **Starlight Waltz and Argentine Tango**  
Free program 3 min. (+/- 10 sec.)

**B) PRE-NOVICE**

- (I) **TEST:** At least one partner must have successfully completed the STAR 6 dance test or higher.
- (II) **AGE:** Must be under the age of 18 on July 1<sup>st</sup> preceding the competition.
- (III) Pattern dance **Tango and Starlight Waltz**  
Free program 2 min. 30 sec. (+/- 10 sec.)

**C) JUVENILE**

- (I) **TEST:** At least one partner must have successfully completed the STAR 5 (Junior Bronze) dance test or higher.



- (II) **AGE:** Competitors in the Dance Juvenile category shall be under the age of 16 on July 1st preceding the competition.
- (III) Pattern dance **Ten Fox and European Waltz**  
Free program 2 min. (+/- 10 sec.)

**D) PRE-JUVENILE**

- (I) **TEST:** At least one partner must have successfully completed the STAR 5 (Junior Bronze) dance test or higher.
- (II) **AGE:** Must be under the age of 14 on July 1st preceding the competition.
- (III) Pattern dance **Baby Blues and Fiesta Tango**

## **SYNCHRONISED SKATING**

**A) OPEN**

A team of 12 to 16 skaters.

**AGE :** Skaters must have reached the age of 15 before July 1 preceding the competition.

Free Program : 4 min. (+ / – 10 sec.)

**B ) GOLD (INTERMEDIATE)**

A team of 12 to 16 skaters.

**AGE :** Skaters must not have reached the age of 19 before July 1 preceding the competition.

Free Program: 3 min 30 sec. (+ / – 10 sec.)

**C) NOVICE**

A team of 12 to 16 skaters.

**AGE :** Team members must be under 16 years of age on July 1 preceding the competition.

Free Program: Max. 3 min. 30 sec.

**D) STAR 6 (JUVENILE)**

A team of 8 to 16 skaters.

**AGE :** Skaters must be under 15 years of age, and at least 75% of team members must not have reached the age of 13 before July 1 preceding the competition.

Free Program: Max. 3 min. 10 sec.