

CHAMPIONNATS RÉGIONAUX DE PATINAGE SYNCHRONISÉ

DE LA SECTION QUÉBEC 2022

ANNOUNCEMENT

DATE January 27 to 30 2022

SITE Place Bell

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HOST : Patinage Laval

SANCTIONNED OF SKATE CANADA
P-21-006

IMPORTANT NOTICE

Please note that registration is mandatory for all participants. The registration fee can be paid online only and must be received at the Patinage Québec office before 4:00 pm, december 15, 2022 (HAE (UTC 04-00))

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GENERAL INFORMATION

The 2022 Québec Regional Synchronized Skating Championships will be conducted in accordance with [Skate Canada rules and regulations for qualifying Synchronized Skating events](#). The host club for this event is Patinage Laval of the Québec Section – Skate Canada.

CONTACT INFORMATION

Competition coordinator:	Geneviève Dudemaine
Telephone:	514-252-3073 ext. 3597
Email:	gdudemaine@patinage.qc.ca
Website:	www.patinage.qc.ca

Competition Manager:	Manon Chartier
Technical Representative:	Hélène Gagnon
Chief Data Specialist:	Francine Tanguay
Chief Computer Data Specialist:	Lucie Lorrain

ARENA TO BE USED

Rink	Dimention
Place Bell	100' x 200'(Olympic size)
Glaces communautaires	
1950 Claude-Gagné Street	
Laval, Québec H7N 5H9	

EVENT PHILOSOPHY

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team.

The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships in Novice, Intermediate, Open, Junior and Senior categories. The top team in each of the five qualifying categories in every Region may advance to the Skate Canada Synchronized Skating Championships. Additional entries are allotted to regions based on their teams' placement at last year's National Championships and regional membership sizes.

In selecting host sites for these Championships, every attempt is made to move the event across each region in a regular cycle, to balance the costs faced by participants from year to year as much as possible, and to allow synchronized skating to be presented in various communities in each section.

In addition to experiencing the challenges and personal growth involved in competing at this level, one of the features of this competitive system is to allow skaters an opportunity to experience the cultural diversity of Canada through exploration of the area holding the championships.

The focus for skaters at this event is not only on qualifying for the Skate Canada Synchronized Skating Championships, but on the whole experience: self-satisfaction in achieving competitive goals, learning about Canada and meeting competitors from across the region, and experiencing the camaraderie of traveling as part of a team.

Online Event Registration and Payment

The club, coach or team manager must register the team for this event via [Sportnroll](#).

Using the Sportnroll registration Guide, teams must complete all required information by **Wednesday, December 15, 2021 at 4:00 p.m.**

Registration fees must be paid online by credit card or debit.

For refunds made before the registration deadline, Patinage Québec will deduct a 5% administration fee from the reimbursement, as well as a fee related to the online registration.

The Section must verify the eligibility of all competitors, in consultation with the Skate Canada National Office.

No refund will be authorized after the registration deadline. It is the teams' responsibility to make sure they that all members are eligible for the category they are registering for.

REGISTRATION FEE

Registration fees **do not** include service charges (1% (min \$ 1, max \$10)), administrative charges (2.5%.) And taxes.

	Before December 15, 2021 4:00pm	After December 15, 2021 4 :00pm until December 21, 2021 4:00pm
Qualifying categories Adults, Pré-Juvenile and higher		
Team	\$225	\$275
Skater	\$25	\$75
Beginner and Elementary categories		
Team	\$300	\$350
Skater	Free	\$50

Accreditation for teams, officials and coaches will begin one hour before the start of the event at the competition venue.

PLANNED PROGRAM

Planned program sheets must be submitted online before, **Monday, January 10, 2022**.

An invoice in the amount of \$10 per missing Plan Program Sheet as of **January 11, 2022** will be issued by Patinage Québec through Sportnroll. The team will have to pay the invoice before the accreditation.

- [Synchronized Planned program](#) – Online Program content

ONLINE REGISTRATION - OFF-ICE PRACTICE SESSIONS AND PAYMENT

The team manager will receive a link by email, to register the team for their selected off-ice practices via Sportnroll, once the schedule is available online at the beginning of January.

PRACTICE SESSION FEES

(Registrations for practices must be made by one person and one account in Sportnroll)

1 st practice:	Free
Additional practice(s):	\$21 (plus fees and taxes)

ON-SITE REGISTRATION

All teams (every skater), coaches and team managers must register on-site. Accreditation will start one hour prior to the first event.

Only those skaters whose names are listed on the team registration Form for the 2022 Regional Synchronized Skating Championships will be allowed to skate at the 2022 Skate Canada Synchronized Skating Championships (Qualifying Competition Handbook Regulation 615-6). **No substitution or addition of skater will be allowed.** The permitted number of alternates on each team is four. Alternate members shall be registered before **Wednesday, December 15, 2022 at 4:00 p.m.**

ACCOMMODATION

The list of hotels is available on our website under "*Compétition*" then "*Compétitions provinciales*" and "*Championnats régionaux de patinage synchronisé*".

Note: Skaters, team managers, coaches and parents must book their accommodations directly with the hotel of their choice.

COACHES ACCREDITATION

Coaches must have the minimum NCCP certification for the various competitions.

Scenario 1: Please note that to receive free accreditation to the various competitions, you must:

- Present a **valid** Patinage Québec coach card.
 - **And** all additional dates on the card must be valid (ex: First Aid, Backcheck, etc.)

Scenario 2: You do not meet the conditions of scenario 1, you then must **pay \$15 to receive your accreditation** (for the duration of the competition) in the following cases:

- You have a valid Patinage Québec coach card, but one or more additional dates are not valid:
 - You must have with you the proof of renewal.
- You have a Patinage Québec coach card that is not valid:
 - You have with you the proof of Skate Canada membership for the current season (additional dates must be valid)
 - If the additional dates are not valid you must have with you the proof of renewal.
- You do not have a Patinage Québec coach card, but your name is on the coaches in good standing list.
- You do not have a Patinage Québec coach card, your name is not on the coaches in good standing list, but you have the following documents with you:
 - Proof of Skate Canada membership for the current season
 - Valid First Aid certificate
 - Backcheck certificate
 - « Respect in Sport » certificate
 - « Code of Ethics » certificate
 - **OR** a print screen of your Skate Canada profile with the proof of dates and certificates mentioned above.

Scenario 3: You do not meet the conditions of scenarios 1 or 2, **you will not be accredited** and will then have **to be replaced** with your athlete by a coach in good standing.

- **If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative to ensure that access to changing rooms or rink side is denied for that coach.**

Number of caches with the athlete

One coach per competitor / couple will be accredited. **Only one person, chosen by the skater, couple or team, will be allowed at ice level.**

Coaches must get accredited in person and present their coach card. They must wear the lanyard with the card around their neck at all times.

A colored bracelet (provided by Patinage Québec for provincial competitions only) will be wrapped around the card lanyard OR on the coach's wrist if the payment of \$15 has been made (proof provided).

If the coach is refused entry (not in good standing), the person responsible for accreditation will notify the technical representative to ensure that access to changing rooms or rink side is denied for that coach.

TEAM MANAGERS AND CHAPERONES

Team managers and chaperones must be current Skate Canada registrants.

Two coaches, one team manager and two chaperones for a total of five people per team will be accredited. The names and Skate Canada numbers for these accreditations MUST be included on the online registration page under "Attending Personnel".

The main coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss & Cry).

MUSIC

All music used must be in the public domain or covered by the performing rights society.

Teams that have music composed especially for their programs, either in whole or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights society.

MUSIC REQUIREMENTS

Each team must provide two CDs for the competition upon registration. One for competition (marked "Master") and one for back up (marked "copy").

Standard Specifications for CDs and Cassettes

1. Only one (1) program shall be recorded on each CD.
2. The start of the music shall be recorded on the CD with less than 2 seconds of lead in.
3. Competitor's/team's name followed by music time (not skating time) shall be clearly printed on the CD.
4. Each CD shall be enclosed in a plastic case marked with the skater's/team's name, event and total music time

Post-Event Segment or Event

Music and team detail sheets can be picked up from entrance approximately 30 minutes after the completion of each event. Any music not picked up will not be returned.

AWARDS

CPC: Awards will be presented as per Regulation of the Skate Canada.

Assessed to Standard (Beginner I and Beginner II)

Teams will receive a certificate according to the performance standard achieved.

Ranked Assessed to Standard (Elementary)

Medals will be awarded to the first 3 teams and all teams will receive a certificate according to the performance standard achieved.

EVENT SCHEDULE

A finalized schedule of events and practices will be posted on the event website: www.patinage.qc.ca under “Compétition” and “Compétitions provinciales”.

Information for double entry skaters: Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach and team manager to decide what takes priority. The host committee may not manipulate the official start orders or start times in order to accommodate competitors who are skating on more than one team.

ADMISSION

ENTRY:	12 years and older -	\$10 per day	PASSPORT:	3 days - \$25
	5 - 11 years old -	\$5 per day		4 days - \$30
	Under 5 years old -	Free		

Face covering is mandatory at all times for spectators, except when eating or drinking.

The vaccination passport is mandatory for all spectators aged 13 and older.

At accreditation, only the competitor will receive a pass for the weekend. If a competitor loses his pass, he will have to purchase another one at a cost of \$15.

Certified coaches according to requirements and members of Skate Canada will be admitted for free with their photo ID card (mandatory) and the vaccinal passport. They must wear their photo ID card and the bracelet around their neck at all times.

LIABILITY

Skate Canada and the Host Committee accept no liability for bodily or personal injury, or for property loss or damage incurred by participants and officials. As a condition of and in consideration of their entries in the Regional Synchronized Skating Championships, all participants and their parents or guardians, shall be deemed to agree to assume all risks or injuries to the competitor’s person and property resulting from, or caused by, or connected with, the conduct and management of the Regional Synchronized Skating Championships and to release any and all claims they may have against the officials, Skate Canada and the 2022 Québec Regional Synchronized Skating Volunteer Team and their officers and their entries shall be accepted on these conditions.

The Host Committee will provide emergency medical services for all competitors and officials during the practice and competition times on the event dates.

OTHER INFORMATION

Camera Policy

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

COVID-19

The new coronavirus, COVID-19, has been declared a global pandemic by the World Health Organization (WHO). COVID-19 is extremely contagious and is believed to be spread primarily through person-to-person contact. Therefore, government authorities, both local, provincial and federal, are recommending various measures and prohibiting various behaviors, all with the aim of reducing the spread of the virus.

Specific measures will be sent to the participants of the Championships following their registration.

VACCINATION PASSPORT

The procedures for validating the vaccination passport for skaters, spectators, volunteers, officials and coaches will be sent before the competition.

GENERAL REGULATIONS

ELIGIBILITY

The 2022 Quebec Regional Synchronized Skating Championships is open to all teams from the Quebec section registered with Skate Canada as per Regulation 620-8 of the Qualifying Competition Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

<https://noticeboard.skatecanada.ca/2021/10/25/2022-skate-canada-synchronized-skating-championships-entry-quotas/>

QUALIFYING EVENTS

The 2022 Quebec Regional Synchronized Skating Championships must include the following events. There is no tests requirement. The following categories are based on age and number of skaters. See the rules of the Competitions Manual.

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h11-synchronized-skating-competitions>

FILLING MAXIMUM EVENT QUOTA AT REGIONALS

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h11-2-regional-synchronized-skating-championships>

SINGLE ENTRY TEAMS (Novice, Intermediate, Open)

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h11-3-canadian-synchronized-skating-championships>

SUBSTITUTES

There can be a maximum of four substitutes per team for all categories.

PROBLEMS DURING A PERFORMANCE

The Technical Representative or his/her designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and so that there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance.

DRAWS

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h3-2-draws>

A random draw will be used for the first portion of all events. The Chief Data Specialist as per Event will conduct the draws in accordance with Skate Canada regulations. The starting order for qualifying events for the first portion of the event will be available ten days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the official practice ice for all parts of the competition (if practice ice is available and being offered).

The method of draw for subsequent segments will be **by reverse order**.

STARTING ORDERS

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h3-2-draws>

- 1) **STARTING ORDER FOR THE FIRST PART OF AN EVENT:** The skating order shall be determined by a random draw in each event with the following exception: should a Short Program and Free Program constitute one event, the starting order for the Free Skating Program shall be determined from the results of the Short Program as follows:
- 2) **STARTING ORDER FOR SUBSEQUENT PART OF AN EVENT:** Teams will perform Part 2 in the reverse order of the results of Part 1.

CONDUCT OF EVENTS

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h12-3-canadian-synchronized-skating-championships>

RESULTS CALCULATION

Assesment to Standard for Beginners categories.

Ranked Assesment to Standard for Elementary category.

The Cumulative Points Calculation System (CPC) for Pre-Juvenile to Senior and Adults categories.

MARKING / JUDGING SYSTEM

Judgement of categories having only one free skate is as follows:

- Each team (Pre-Juvenile and higher) will skate their free program twice, each time may be with a different panel of judges. Final results will be based on the combined results of both skates as per the following factors:
 - In the first portion of the event, the total score of the free program will be multiplied by a factor of 0.5.
 - In the second portion of the event, the total score of the free program will be multiplied by a factor of 1.0.
- The draw for the second free program will be seeded, based on the results of the first program, in the same manner as an event with a short and free program component.
- The total mark for Program Components will be used to break a tie in both free programs.

QUALIFICATIONS TO COMPETE AT 2022 SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h11-3-canadian-synchronized-skating-championships>

The final result in each regional event will determine the competitors eligible to enter the Canadian Synchronized Skating Championships.

- Teams that place first in Novice, Intermediate, Open, Junior and Senior categories at regional Qualifying Events qualify to the Canadian Synchronized Skating Championships
- For every 15,000 registrants in the region, an additional team may be entered into each Category at the Canadian Synchronized Skating Championships. The number of registrants will be determined by the Registration Year of the year preceding the Canadian Synchronized Skating Championships.
- Each team placing in the top five at the Canadian Synchronized Skating Championships will earn its region an additional entry into the respective Category at the Canadian Synchronized Skating Championships the following year

Alternates: The next placed entry in each regional event may be nominated as an alternate entry and may replace an entrant who has withdrawn before the start of the event.

If the maximum quota in the Junior or Senior Category at a Regional Synchronized Skating Championships not filled due to insufficient entries, that event may be held, but is not mandatory

The Skate Canada national office must receive all required registration information no later than 48 hours after the completion of the Regional Synchronized Skating Championships. The fees and forms for the 2022 Skate Canada Synchronized Skating Championships must be submitted to Patinage Québec.

PRACTICE ICE

<https://info.skatecanada.ca/index.php/en-ca/rules-of-sport/54-competitions.html#h12-3-canadian-synchronized-skating-championships>

Information about available practice ice will be posted on the event or the section website at www.patinage.qc.ca under "compétitions" and "Compétitions Provinciales". Practice periods will be offered only to the qualifying categories.

ENTERING AND EXITING THE ICE SURFACE:

- a) Prior to the announcement, the Team to skate shall enter the competition ice surface for their warmup at the sign of the Referee's Assistant at ice level. Following a warmup period of at least **one (1)** minute, the Team is announced.
- b) Each team must take their starting position and make a signal to the Referee, at the latest, thirty (30) seconds after their name has been announced, failing which the music will be played.
- c) A team must not take more than thirty (30) seconds for exiting from the ice surface.

Sections a), b) & c) apply to both the short program and the free skating segments.

QUALIFYING EVENTS

Novice

A team of 12 to 16 skaters

Skaters must have reached the age of 10 as of July 1st preceding the competition but must not have reached the age of 15 as of July 1st preceding the competition.

Skate Canada is allowing an extension of age limit for 2021-2022 season

Free Program: 3 min. +/- 10 sec.

Intermediate

A team of 12 to 16 skaters.

Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

Free Program: 3 min. 30 sec. +/- 10 sec.

Open

A team of 12 to 16 skaters.

Skaters must have reached the age of 15 as of July 1st preceding the competition.

Free Program: 4 min. +/- 10 sec.

Junior

A team of 16 skaters.

Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

Short Program: Max 2 min. 50 sec.

Free Program: 3 min. 30 sec +/- 10 sec.

Senior

A team of 16 skaters.

Skaters must have reached at least the age of 15 as of the July 1st preceding the competition.

Short Program: Max 2 min. 50 sec.

Free Program: 4 min. +/- 10 sec.

NON-QUALIFYING EVENTS

Beginner I

A team of 8 to 16 skaters.

At least 75% of skaters must not have reached the age of 12 as of July 1st preceding the competition.

Free Program: Max 2 min. 10 sec.

Beginner II

A team of 8 to 16 skaters.

Skaters must not have reached the age of 12 as of July 1st preceding the competition AND at least 75% of skaters must not have reached the age of 10 as of July 1st preceding the competition.

Free Program: Max 2 min. 40 sec.

Elementary

A team of 8 to 16 skaters.

Skaters must not have reached the age of 15 as of July 1st preceding the competition.

Free Program: Max 2 min. 40 sec.

Pre-Juvenile

A team of 8 to 16 skaters.

Skaters must not have reached the age of 12 as of July 1st preceding the competition

Free Program: Max 2 min. 40 sec

Juvenile

A team of 8 to 16 skaters.

Skaters must not have reached the age of 15 as of July 1st preceding the competition and at least 75% of skaters must not have reached the age of 13 as of July 1st preceding the competition.

Skate Canada is allowing an extension of age limit for 2021-2022 season

Free Program: Max 3 min. 10 sec.

Pre-Novice

A team of 8 to 16 skaters

Skaters must have reached the age of 12 as of July 1st preceding the competition but must not have reached the age of 18 as of July 1st preceding the competition.

Free Program: Max 3 min. 10 sec.

Adult Sys III

A team of 8 to 20 skaters.

Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 35 as of July 1st preceding the competition.

Free Program: Max 2 min. 40 sec.

Adult Sys II

A team of 8 to 20 skaters.

Skaters must have reached the age of 18 as of July 1st preceding the competition and at least 75% of the skaters must have reached the age of 25 as of July 1st preceding the competition.

Free Program: Max 3 min. 10 sec.

Adult Sys I

A team of 8 to 20 skaters.

Skaters must have reached the age of 18 as of July 1st preceding the competition

Free Program: Max 3 min. 10 sec.

ANNOUNCEMENT SUBJECT TO CHANGE