Coach Guide







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Team Quebec registration

Skaters that will qualify for Team Québec during the Sectional "A" Championship next November must complete their registration as per the schedule posted on our website. Please note that only one chaperone per skater will be tolerated in the registration room.

You can consult the details of the fees in the Athlete's Guide available on our website.

Optional Category

When the number of eligible skaters for Canadian Championships is not reached, Skate Canada make some categories optional for the Challenge. If a skater decides not to participate in the Skate Canada Challenge because her/his category is optional, she/he must advise Patinage Québec during registration to Team Québec and pay the same fees for Patinage Québec as the others. **No discount is granted for optional categories**.

The optional categories are:

- Novice Pairs
- Junior Pairs
- Senior Pairs
- Senior Dance

National Competitions

Accreditation, schedules and other

- ⇒ Visit Skate Canada's website regularly for the competitions' schedules. Schedules are subject to changes without notice, it is important to check regularly.
- ⇒ You must have the following certifications:
 - Challenge: Pre-Novice Category: "Provincial level coach"
 - Challenge: Novice and higher categories: "National level coach"
 - Canadian Championships: "National level coach"
 - No derogation is granted by Skate Canada.



Additional considerations

- Coaches in the process of obtaining their NCCP certification may be considered for accreditation provided that they obtain the required in training or trained status as specified in the NCCP training and certification pathway. Ex: Pre-Novice category: the coach with "In training Provincial coach" status could be accredited.
- Non-Resident coaches who do not exercise their duties in a Skate Canada club or skating school may
 be considered for accreditation provided that a valid certification attestation is provided at the time of
 registration at the competition or on site at the events. Foreign coaches must apply for accreditation
 directly to the Skate Canada training and Programs Service, at least two weeks prior to the event, by
 email at the following address: coaching&programs@skatecanada.ca or by phone at 1-613-747-1007 or
 at 1-888-747-2372, ext. 2504. Please consult the Skate Canada accreditation policy for complete
 information.
- A maximum of two coaches per registration will be accredited. Only two people chosen by the skater or the team (ex: a coach, a manager or two coaches) will be admitted at ice level. You must respect the 2 coaches' guideline when accompanying your skater during the practices and the competition.

Transportation

2019 Skate Canada Challenge and 2019 Canadian Tire National Skating Championships (Airfare)

Obligation of the parent for transportation

⇒ Skater aged 13 and younger:

A skater aged 13 and younger <u>MUST</u> be accompanied by a parent. If the parent cannot be present, she/he may appoint another adult and must inform Patinage Québec. .

⇒ Sakter aged 14 and older:

A skater aged 14 and older, do not need to be accompanied by a parent during transportation.

Standards for luggage

➡ Please refer to the Canadian Air Transport Security Authority website: http://www.acsta.gc.ca/accueil

We refer you to the athlete guide available on our website under Membres / Athletes and Équipe du Québec, for more information.



Accommodation

Patinage Québec is responsible to reserve the required rooms for skaters. If a parent or a coach wishes to rent a room at the official hotel, it is his or her responsibility to inform Patinage Québec before the deadline.

To do so, he/she needs to complete to Room Reservation Form available on Patinage Québec website and send it to Elie Sigouin by fax at: 514-252-3170 or by email at esigouin@patinage.gc.ca before:

2019 Skate Canada Challenge: October 31, 2018

2019 Canadian Tire National Skating Championships: November 21, 2018

2019 Skate Canada Challenge				
Who	Arrival date	Departure date		
Pre-Novice ladies	Monday, November 26	Friday, November 30		
Pre-Novice men	Wednesday November 28	Sunday, December 2		
Pre-Novice Pairs	Tuesday, November 27	Saturday, December 1		
Pre-Novice Dance	Wednesday, November 28	Sunday, December 2		
Novice ladies	Monday, November 26	Friday, November 30		
Novice men	Monday, November 26	Friday, November 30		
Novice Pairs	Tuesday, November 27	Saturday, December 1		
Novice Dance	Monday, November 26	Friday, November 30		
Junior ladies	Wednesday, November 28	Sunday, December 2		
Junior men	Thursday, November 29	Monday, December 3		
Junior Pairs	Tuesday, November 27	Saturday, December 1		
Junior Dance	Wednesday, November 28	Sunday, December 2		
Senior ladies	Thursday, November 29	Monday, December 3		
Senior men	Tuesday, November 27	Saturday, December 1		
Senior Pairs	Tuesday, November 27	Saturday, December 1		
Senior Dance	Thursday, November 29	Monday, December 3		



Parents obligation for accommodation

⇒ Skater aged 17 or under:

A skater aged 17 and under <u>MUST</u> be accompanied by a parent. If the parent cannot be present, he may appoint another adult (other than an athlete) and must send a signed written consent between the parent and the other adult to Patinage Québec.

If two skaters decide to share their room, a parents or responsible adult must still be present for the duration of the skaters stay at the hotel.

⇒ Skater aged 18 and over:

A skater aged 18 and over do not need to be accompanied by a parent.

Payment and reimbursement terms

⇒ Sharing with another skater:

If a skater decides to share a room with another skater, he must provide the name of the other skater during registration to Team Québec and the room will be paid entirely by Patinage Québec.

⇒ Sharing with a family member or other:

If a skater decides to share his room with a family member or his/her coach, Patinage Québec will reimburse 50% of the cost for the room only. However you must pay the amount in full at arrival at the hotel and send us a copy of your invoice upon your return in order to get the 50% reimbursement.

** Non-accommodation expenses shown on the invoice will be at the parent's expense.

Reimbursement by Patinage Québec

In order for Patinage Québec to refund you 50% of the accommodation, you must provide a copy of the hotel invoice **maximum 30 days after the event**, by email, fax or regular mail to:

Elie Sigouin

Event Coordinator by interim 4545 Pierre-De Coubertin Avenue Montréal, Québec H1V 0B2 Fax: 514 252-3170

Email: esigouin@patinage.qc.ca



Curfew (MANDATORY)

It is mandatory to inform one of the team leader when a skater has social activities outside of the hotel. It is also mandatory to respect the following curfew:

During the competition		After the competition	
13 years and under	9:00 pm	13 years and under	11:00 pm
14 to 15 years old	10:00 pm	14 to 15 years old	Midnight
16 to 18 years old	11:00 pm	16 to 18 years old	1:00 am
19 years and over	Midnight	19 years and over	2:00 am

Practices attendance

Advise the person responsible at the skater's lounge if you decide not to attend a practice. Especially if the practice is early morning or late evening.

Canadian medalists show 2019 Canadian Tire national skating Championships

Information's regarding the Canadian medalist show will be communicated to skaters, parents and coaches as soon as available from Skate Canada.

Information

All information such as Guides, Rules of conduct, etc. will be posted on Patinage Québec's website, under **Membres/Athlètes/Équipe du Québec** at www.patinage.qc.ca.

We invite you to read the Athlete's Guide in order to guide your skaters and their parents in their preparation for National Competitions.

Information such as transportation, accommodation, will be posted under **Compétitions/Nationales/then chose Défi 2019 or Championnats canadiens** at www.patinage.qc.ca





Contact Persons

Head office

Elie Sigouin Phone: 514-252-3073, ext. 3473

Email: esigouin@patinage.qc.ca

Team Québec and Event Director

Rémi Gibara Phone: 418-806-7204

Email: remi.gibara@patinage.qc.ca

Athletes' Representative - Patinage Québec Board of Directors

Carolane Soucisse Phone: 418-806-7204

Email: carolane.soucisse@patinage.qc.ca

Team Leaders - Québec Team for the 2018-2019 Season

Rémi Gibara, Team Québec and Event Director Elie Sigouin, Team Québec and Event Coordinator

Diane Baril
Marthe Beaudoin
Carole Bellerose
France Bisson
Marina Capistran
Ginette Charbonneau
Hélène D'Amour
Lyne Desgagnés
Linda Guérin
Jocelyne Lalande
Maryse Laliberté
Claudette Larouche
Laurent Longpré
Anna-Marie Marx

Rhéa Grütter Jean-François Touchette

France Renaud