





To skaters, coaches and parents of team Québec members

We wish you a good preparation leading up to the 2019 Canadian Tire National Skating Championships!

You will find in this document a series of information that will help you prepare for your stay in St. John N-B.

Rémi Gibara and France Bisson will be responsible for Team Québec. Additional team leaders were also assigned to the different categories.

During the competition, the information will be published on the Facebook page, please find below the link for the closed group:

https://www.facebook.com/groups/equipequebecpatinageqc/

Change in Program Content

You have until <u>Thursday December 20, 2018</u> to modify your program content. To make the changes simply log into your profile in Uplifter. See link below:

https://registration.skatecanada.ca/?lang=fre

**Remember that only one member per team must submit the program content for Pair and Dance couple.

Transportation

Skaters must arrive at the airport at least 3 hours before their scheduled departure. All flights depart from Pierre-Elliot-Trudeau Airport. See schedule below, also available on our website.

Friday, January 11, 2019

08h15 – Novice Ladies, Novice Men, Novice Pair, Novice Dance 13h45 – Camille Perreault, Loucas Éthier, Gabriel Farand, Junior Men, Junior Pair, Junior Dance

Saturday, January 12, 2019

13h45 – Junior Ladies

Tuesday, January 15, 2019

13h45 – Senior Ladies, Senior Men, Senior Pair, Senior Dance

Team leaders will be waiting for the skaters near the Air Canada booths. They will give each skater their boarding pass and instructions to follow. It is very important to follow each steps given by the team leaders and respect the schedule they will give you

Patinage Québec offers a shuttle service from the St. John Airport to the Delta Hotel Marriott for skaters and coaches travelling with Team Québec.

Parents will be able to use the shuttle <u>only</u> if seats are still available. Otherwise they will have to get their own transportation to the hotel.







Meeting of Team Québec

The Team Québec meeting will take place in the bus during the ride from the airport to the hotel the day of your arrival.

Accommodation

Team Québec will be staying at:

Delta Hotels Marriott

39 King Street St. John, NB E2L 4W3 Cost per night: \$149.00 (plus taxes and applicable fees)

If you do not accompany your child, it is very important that your child has a credit card number. The hotel requires it as a security deposit, even if two athlete are sharing a room. However, only one credit card is necessary per room.

Practices and skating Events

Non-official practices

Patinage Québec organized non-official practices for each category the day after your arrival. Except for arrival on January 11 at 8h15 who will have a practice the day of arrival and the next day.

• Friday January 11, 2019 (for departure at 8h15)*: Novice Ladies, Novice Men, Novice Pair, Novice Dance.

*For skaters on the 13h45 flight, you will be able to go practice at the National Center. Please register for the practice via AMILIA. Practices will be offered free of charge for Team Québec members who will be competing at the National Championships. Please note that the presence of a coach is mandatory.

- **Saturday, January 12, 2019:** Novice Ladies, Novice Men, Novice Pair, Novice Dance, Junior Men, Junior Pair and Junior Dance.
- Sunday, January 13, 2019: Junior Ladies
- Monday, January 14, 2019: Junior Ladies
- Wednesday, January 16, 2019: Senior Ladies, Senior Men, Senior Pair, Senior Dance

**Please visit Patinage Québec website for non-official practices and shuttle between the hotel and the training center.







The practices will take place at Q-Plex and the skating Events will take place at Harbour Station

Competition rink

Harbour Station 99 Station Street St. John, New-Brunswick E2E 0B3

Practice rink Q-Plex 20 Randy Jones Way Quispamsis, New Brunswick E2E 0B3

There is approximately 700 meters between the Harbour Station and our hotel.

A maximum of 2 coaches will be allowed by rink side during the practices and the competition.

Accreditation for skaters

The accreditation will take place at the St. John Trade and Convention Centre as of <u>Saturday January 12,</u> <u>2019</u>.

Accreditation will continue at Harbour Station – entrance of teams on **Sunday January 13, 2019**. Detailed schedule for accreditation will be posted in the participant guide on Skate Canada <u>Info Center</u>, as soon as they will be available.

Skaters:

• Competitors must register for the competition before their first official practice, immediately before the first part of their event (Official Rules / Competition 7)

For accreditation, you will need to submit your 2 CDs. Do not forget to have your Skate Canada number on hand and a piece of ID for your accreditation.

For double entries (skaters competing in two disciplines) all music must be submitted. Accreditation will only be provided once the music has been registered.

IMPORTANT :

For skaters who will stay after their competition, your accreditation will **only** allow you to come and cheer on other skaters and to use the shuttle. You will no longer have access to the skating lounge, the athletes' locker room and the Team Québec Suite. Thank you for your understanding.

Access to the Event Shuttle for accredited persons

Transportation will be offered to accredited persons between the hotel and the Harbour Station. The shuttle will be offered as of **Sunday January 13, 2019**

- The shuttle schedule will be available on <u>Skate Canada Info Center</u> and at registration.
- The accreditation pass must be presented when boarding the bus.
- Transportation and information desk will be situated at the Harbour Station.







Access to the Event Shuttle for non-accredited persons

Bus passes for parents can be purchased at the ticket booth at Harbour Station at a cost of \$80 each (cash or credit card)

Skaters, coaches, chaperones and officials have priority aboard the shuttles. Other users may be required to wait for the next shuttle to allow for the transportation of accredited participants.

Antidoping

It is important to consult the information published on our Website.

Once again, congratulations to all, we wish you great success in St. John

Elie Sigouin Team Québec and Events Coordinator

Rami Silara

Rémi Gibara Team Quebec and Events Director