

# CHAMPIONNATS DE PATINAGE STAR / MICHEL-PROULX 2019 DE LA SECTION QUÉBEC

## ANNOUNCEMENT

### DATE

March 15 to 17, 2019

### SITE

Arena Honco

Host: CPA St-Romuald / St-Jean

Sanctioned by: PATINAGE CANADA

P-18-008

### IMPORTANT NOTICE

Please note that online registration is mandatory for all participants. The registration fee can be paid online or by check / money order ONLY and must be received at the Patinage Québec office before 4:00 pm, February 6, 2019. (HAE (UTC-04:00))

Please note that no extension will be granted and only mail received at this date will be considered notwithstanding the mailing date.



## GENERAL INFORMATION

The 2019 STAR / Michel Proulx - Québec STARSkate Championships will be conducted in accordance with the regulations as set forth in the Skate Canada Rulebook. If not specifically stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rulebook.

### CONTACT INFORMATION

Competition Manager:

Telephone:

Email:

Website:

Organizing Committee Chair:

Technical Representative:

Chief Data Specialist:

Marie-Josée Tessier  
514 252-3073, ext. 3597  
[mjtessier@patinage.qc.ca](mailto:mjtessier@patinage.qc.ca)  
[www.patinage.qc.ca](http://www.patinage.qc.ca)

Johanne Boutet  
Jacques Boisvert  
Yolaine Tremblay

### ARENA TO BE USED

#### Complexe Honco

##### Rink #1

275 Taniata Avenue  
Lévis, QC G6W 5M6

**85' X 200'**

#### Complexe Honco

##### Rink #2

275 Taniata Avenue  
Lévis, QC G6W 5M6

**85' X 200'**

### ACCOMMODATION

The information on is available on our website

### REGISTRATION

Entry forms must be completed online BY YOUR REGIONAL LEADER via **AMILIA**. Entry fees must be paid online or by cheque and sent to Patinage Québec no later than **Wednesday, February 6th, 2019 at 4:00 pm**.

Cheques must be made payable to Patinage Québec and sent to the following address:

**Patinage Québec**  
c/o Marie-Josée Tessier, Competition Coordinator  
4545 Pierre-de Coubertin Avenue  
Montréal, Québec H1V 0B2

No postdated cheques after February 6<sup>th</sup>, 2019 will be accepted. No refund will be authorized after the registration's deadline.

## REGISTRATION FEES

Registration fees are as follows (taxes and fees not included)

Single and OSQ (1 event):	\$150
Pair and Dance (1 event):	\$75 / partner
Pair and Dance (2 events):	\$115 / partner
Single (2 events) Adults - OSQ:	\$210

No refund will be authorized after the registration's deadline. It is the skaters' responsibility to make sure they are eligible to register in their category.

For refunds before the deadline, Patinage Québec will deduct 5% administration fees as well as fees related to online registration.

*Example for registration for 2 events: An adult skater can register in Interpretation or free skate category.*

## PROGRAM CONTENT

All participants must complete the Content Program Form available online before Monday March 4<sup>th</sup>, 2019.

Patinage Québec will issue an invoice via AMILIA in the amount of \$10 per missing Form as of **March 4, 2019**. Skaters will have to proceed with the payment before their accreditation at the competition.

Click on the link below to complete the Form:

- [Single](#)
- [Pair](#)
- [Dance](#)

## SUBSTITUTIONS for qualifying events only

In the case of a substitution, it is the region's responsibility to collect payment from the new participant and to reimburse the replaced participant. (It is the region's responsibility to reimburse the skater that has cancelled with the payment of the replacement skater).

## ACCREDITATION FOR COACHES

Rules and guidelines from Skate Canada applies

### COACH ACCREDITATION FREE ENTRANCE

- You present your valid photo ID card issued by Patinage Québec or your Section
- You are a coach from another Section invited other than the Québec Section.

In order to receive accreditation from Skate Canada, Skate Canada professional coaches must meet the following conditions:

- Must be "Regional Coach" certified or higher ;
- Hold a valid First Aid Certificate.
- Have a criminal record check done by a Skate Canada approved company and obtain an "authorized" status;
- Certified coaches must maintain a certified NCCP status in accordance with the Coaching Association of Canada's (CAC) Maintenance of Certification Policy.
- Agree to the Skate Canada Code of Ethics
- Completed the Respect and Sport activity training. A coach must renew the certification of this training every three years.

**ALLOWED ENTRANCE – FEES: \$15**

- You do not have your photo ID card issued by Patinage Québec or your section.
- Your name is on the list of coaches AND
- You will have to present an ID card with photo, ex: health insurance card, driver's license, etc...

**If your name is not on the list, you will have to present:**

- Photo ID card issued by Patinage Québec AND / OR if some of the dates are expired OR you have not received your card yet :
- Following documents :
  - Proof that you are registered and in good standing for the current season
  - Proof of certification
  - Valid first aid card
  - Proof of the up-to-date BackCheck

A maximum of two coaches per participant will be accredited. Two people only, chosen by the skater or pair or dance couple will be admitted at ice level.

## ACCREDITATION CHART

ACCREDITATION DES ENTRAÎNEURS - QUALIFICATIONS EXIGÉES										
	Patineurs STAR Toutes catégories Toutes disciplines	Pré-Juvenile	Juvenile	Pré-novice	Novice	Junior	Senior	Intermédiaire	Ouverte	Adultes Toutes catégories Toutes disciplines
<b>COMPÉTITIONS INVITATIONS</b>										
Clubs, Interclubs, Régionales, Interrégionale	Régional									Régional
<b>COMPÉTITIONS PROVINCIALES ET NATIONALES</b>										
Champ. d'été / Georges-Éthier/ Jeux QC - Participation		Régional	Régional	Régional	Régional	Régional	Régional			
STAR / Michel-Proulx	Régional									Régional
Sous-Section : Dames Pré-novice à Senior				Provincial	Provincial	Provincial	Provincial			
Championnats "A" Section QC				Provincial	National	National	National			
Championnats "B" Section QC		Régional	Régional							
Défi				Provincial	National	National	National			
Championnats Nationaux					National	National	National			
Championnats canadiens pour adultes										Régional
<b>COMPÉTITIONS PATINAGE SYNCHRONISÉ</b>										
Régionaux de patinage synchronisé - QC		Régional	Régional	Provincial	National	National	National	National	National	Régional
Championnats canadiens pour adultes										Régional
Championnats canadiens de synchro					National	National	National	National	National	
NB : Entraîneur régional = Niveau 1 // Entraîneur provincial = Niveau 2 // Entraîneur national = Niveau 3										

## MUSIC

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed specifically for their programs either wholly or in part, are responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights societies.

For the information of Dance competitors: The ISU track dance music, which is to be used for all training sessions and events, is the revised version of 2001 produced by ISU

### Music Requirements

Each entry must provide two CDs for the competition upon registration, one for competition - marked "Master" and one for back up - marked "Copy".

### **Standard Specifications for CDs**

- (1) Only one program shall be recorded on each CD
- (2) The start of the music shall be recorded on the CD with less than two seconds of lead in.
- (3) Competitor's name followed by category, program type – short or free, and music time shall be shown on the CD label.
- (4) Each CD shall be enclosed in a plastic case marked with the skater's name, category, and program type – short or free, and total music time.

### **AWARDS**

Medals will be presented to the top three finalists of each discipline. In the case of only two entries, each entry shall be awarded a prize.

### **COSTUMES**

The clothing for all competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Accessories and props are not permitted.

### **ACCIDENTS AND LIABILITIES**

Skate Canada, CPA St-Romuald / St-Jean, Patinage Québec and the Local volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, the volunteer team and against their officers and their entries shall be accepted only on these conditions.

### **EVENT SCHEDULE**

A schedule will be available on Patinage Québec website at [www.patinage.qc.ca](http://www.patinage.qc.ca).

### **ADMISSION**

<b>Entry:</b> 12 years and older	\$ 10 / Day	Passport 4 Days \$ 30
6 - 11 years old:	5 \$ / Day	Passport 3 Days \$ 25
Under 5 years old:	Free	

## **GENERAL REGULATIONS**

### **ELIGIBILITY TO COMPETE FOR QUALIFYING EVENTS**

For all categories, skaters must be eligible persons according to Skate Canada [rules](#).

Skaters **have the right** to register in a category above their qualification.

Skaters that are registered in a category from Jeux du Québec during regional eliminations and/or Section A and B Championships and/or a sub-sectional qualifying competition **are not eligible** to compete **in any** category of the same discipline (singles, pair and dance) of the regional final and the STARskate, Provincial Championships / STAR Michel-Proulx of the current year

**Current year: July 1<sup>st</sup>, 2018 to June 30, 2019**

See table below to find which category a skater can compete in:

Competitive Category	Events that the athlete may enter at the STAR Michel-Proulx, STARSkate Championships
Sans-Limites and Pre-Juvenile Singles skaters	Sans-Limites and Pre-Juvenile Singles Free Style
Pre-Juvenile and Pre-Novice competitive Pair Skaters	Free Style
Pre-Juvenile and Pre-Novice competitive Dance Skaters	Free Style
Competitive synchronized skaters	All events

### REGIONAL TEAM SELECTION PROCESS

The team which will be representing the region will be composed of 3 entries per category.

### FEDERATION CATEGORIES

Immediately following the completion of the regional competition schedule, the technical representative determines the composition of the regional team as follows:

- The top three positions (or in case of withdrawal, the next position) in the 19 categories of the STAR / Michel Proulx Québec Section STARSkate Championships. If there is only one entry, the skater will skate an exhibition if he (she) wants to be eligible for the Provincial Final;
- In the event that there is non-participation in one or more categories in the regional final, the team will not be represented in that category;
- In case of withdrawal, the replacement shall be made in the same category;
- If there are less than three competitors in the same category, competitors in this category will be eligible for the 2019 STAR / Michel Proulx Skating Championships provided they submit their program at the time of regional elimination.
- All skaters participating in the STAR / Michel-Proulx Regional Final qualifying round will not be eligible to enter the STAR / Michel-Proulx Skating Championships in any other category. (example: Adult category)
- Deadline for substitutions:** Substitution will be accepted until **Wednesday March 13, 2019, 4:00pm**. The substitution must be sent via e-mail to [mjtessier@patinage.qc.ca](mailto:mjtessier@patinage.qc.ca) by the regional manager. No fees will be required.

### TEST AND AGE PREREQUISITES:

Competitors wishing to enter the 2019 Québec Section STAR / Michel-Proulx Championships and events leading to it shall meet the test requirements to compete before January 1<sup>st</sup> preceding the competition for qualifying categories (Regional Finals) and January 1<sup>st</sup> preceding the competition for the other categories. Age requirements for Adult categories shall be met before February 1<sup>st</sup> preceding the competition.

Should a Free Skate or Interpretive event have only one entry, the skater will be given the option to skate at the next level or skate an exhibition. In the case of a dance category with only one entry, there will be no option to skate at the next level. An exhibition may be done.

## RESULTS CALCULATION

Please note that the CPC judging system will be used for all events and disciplines, with the exception of Special Olympics which will be evaluated according to the Performance Standard with placement.

## SINGLE EVENTS

The pre-competition technical record of each Skate Canada discipline, ISU press releases and clarifications must be consulted for each competition. In these documents, you will find program content for each category.

- **GOLD**

Test: MUST have passed the complete Junior Silver free skate test.  
Age: No restriction  
✓ Women: One free program of 3:00 min. in length (+ / - 10 seconds)  
✓ Men: One free program of 3:30 min. in length (+ / - 10 seconds)

- **STAR 10**

Test: MUST have passed the complete Junior Silver STAR 5 Free skate test.  
Age: No restriction  
✓ Women: One free program of 3:00 min. in length (+ / - 10 seconds)  
✓ Men: One free program of 3:30 min. in length (+ / - 10 seconds)

- **STAR 8**

Test: MUST have passed the complete STAR 5 free skate test.  
Age: No restriction  
Duration: One free program of 3:00 min. in length (+ / - 10 seconds)

- **STAR 6**

Test: MUST have passed the complete STAR 5 free skate test.  
Age: No restriction  
Duration: One free program of 2 min. 30 sec. in length (+ / - 10 seconds)



- **STAR 5**

Test: Must not have passed any part of the Junior Silver (STAR 8) Free Skate test.  
Duration: One free program of 2 min. in length (+/- 10 sec.)

- **UNDER 10 YEARS OF AGE**

Age: Must be under 10 years of age on July 1<sup>st</sup> preceding the competition.

- **UNDER 13 YEARS OF AGE**

Age: Must be under 13 years of age on July 1<sup>st</sup> preceding the competition.

- **OVER 13 YEARS OF AGE**

Age: Must be 13 years of age or older on July 1<sup>st</sup> preceding the competition.

- **PRE- JUVENILE UNDER 11 YEARS OF AGE**

Test: MUST have passed the Junior Bronze STAR 5 test or a test of higher level.  
Age: Must be under 11 years of age on July 1<sup>st</sup> preceding the competition.  
Duration: One free program of 2 min. 30 sec. in length (+ / - 10 seconds)

- **SANS LIMITES UNDER 10 YEARS OF AGE, WOMEN**

Test: No restriction.  
Age: Must be under 10 years of age on July 1<sup>st</sup> preceding the competition.  
Duration: One free program of 2 min. 30 sec. in length (+ / - 10 seconds)

- **SANS LIMITES UNDER 9 YEARS OF AGE**

Test: No restriction.  
Age: Must be under 9 years of age on July 1<sup>st</sup> preceding the competition.  
Duration: One free program of 2 min. 30 sec. in length (+ / - 10 seconds)

- **PRE-JUVENILE PAIR**

Test: MUST have passed the Junior Bronze STAR 5 free skate test or a test of higher level.  
Age: Must be under 14 years of age on July 1<sup>st</sup> preceding the competition.  
Duration: One free program of 2 min. 30 sec. in length (+ / - 10 seconds)

- **PRE-JUVENILE A FREE DANCE**

Test: MUST have passed the Junior Bronze STAR 5 Dance test or a test of higher level.  
Age: Must be under 14 years of age on July 1<sup>st</sup> preceding the competition.  
Duration: One free program of 2 min. in length (+ / - 10 seconds)

- **PRE-JUVENILE PATTERN DANCE**

Test: MUST have passed the Preliminary Dance test or a test of higher level.  
Age: Must be under 14 years of age on July 1<sup>st</sup> preceding the competition.  
Pattern Dance: Canasta and Baby Blues skated in the required order

## NON-QUALIFYING REGIONAL EVENTS

### SPECIAL OLYMPICS

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For all categories, skaters must be eligible persons according to [Skate Canada rules](#).

[Special Olympics Canada \(OSC\) figure skating rules](#) are based on Skate Canada's CanSkate and STAR Skate programs. The rules of the International Skating Union (ISU) or Skate Canada apply, except in the event of a conflict with OSC's official sporting rules governing figure skating, in which case they shall prevail. Note: All references to permitted vocal music apply to Skate Canada national events only.

### TECHNICAL INFORMATION

The special Olympics Canada - Winter Sports figure skating regulations must be consulted before each competition. This documentation is available on the Special Olympics Canada website. In these documents, you will find program content for each category.

#### Division

There must not be more than 8 skaters per group. When there are more than 8 skaters registered for the same level, a division round is required. In the case of an odd number of skaters, the largest group would be group "A" (highest level group) for the division round.

#### Division Round for the Finals

If a division round is required, the skaters will be assigned to a warm-up group. As soon as a group finishes their warm-up, their competition begins. (Warm-up group 1 - Competition group 1). The results of the division round are not displayed, only the groups in which the skaters will compete.

If the number of skaters is odd, skaters from the highest level group will be in odd number.

**In the event of a tie**, the program component scores will be used to separate the skaters. If there is still a tie, the skater with the fewest Merit assessments will decide the tie, followed by the number of bronze assessments, etc. For dance events - only 1 dance will be used for a division round (drawn randomly on the day of the competition).

#### Planned program sheets

Mandatory for all Free Skate and Pair Skating events.

**\*\* Coaches and skaters** are required to submit program sheets at the time of entry for any singles and pairs event (please use the form provided)

#### Notation

All events result in a ranking. The final ranking will be displayed, but not the total scores. For more information, please see the rating appendix.

#### Report Cards

After the event, skaters will all receive a scorecard detailing the evaluation of each prescribed element and program component or CPC score according to event and level.

#### Medals

All skaters ranked in the top three receive a medal. (No medals will be awarded for introductory level assessment dance)

Voice music is permitted for both singles and pairs.

## RATING SYSTEM

- The Assessment standard with ranking system is used for Level 1 to 5, Masters, and pair categories.
- The Cumulative Points Calculation System (CPC) is used for all Level 6 and Open, Dance Level 1 and more.

## SINGLES EVENTS

	WOMEN	MEN
➤ <b>LEVEL 1</b>		
<b>Eligibility:</b>	For skaters working on Stages 1-3 of the CanSkate Program. Skaters must not have passed Stage 4.	
<b>Safety requirement:</b>	CSA approved helmets must be worn at all times including during competition.	
<b>Free skate program:</b>	1:00 minute +/- 10 seconds	
➤ <b>LEVEL 2</b>		
<b>Eligibility:</b>	For skaters working on Stages 4-6 of the CanSkate Program. Skaters must not have completed Stage 6.	
<b>Safety requirement:</b>	CSA approved helmets must be worn at all times including during competition for skaters who have not completed Stage 5	
<b>Free skate program:</b>	Max.1:40 minutes	
➤ <b>LEVEL 3</b>		
<b>Eligibility:</b>	For STAR Skaters who have completed CanSkate Stage 6. Geared for the skaters who have not mastered more than 3 single jumps. <i>The program must contain STARskate's program components Level 1</i>	
<b>Free skate program:</b>	max 1:40 minute	
➤ <b>LEVEL 4</b>		
<b>Eligibility:</b>	Geared to STAR Skaters who have not mastered more than 5 single jumps.	
<b>Free skate program:</b>	2:00 minutes +/- 10 seconds	
➤ <b>LEVEL 5</b>		
<b>Eligibility:</b>	Geared to STAR Skaters who have not mastered double jumps.	
<b>Free skate program:</b>	2:00 minutes +/- 10 seconds	
➤ <b>LEVEL 6</b>		
<b>Eligibility:</b>	Geared to those STAR Skaters who are working on double jumps.	
<b>Free skate program:</b>	2:00 minutes +/- 10 seconds	

- **OPEN**
  - Eligibility:** Skaters must have the Senior Bronze test or higher. Geared to those skaters who can do more than two double jumps.
  - Free skate program:** 3:00 minutes +/- 10 seconds
- **MASTER 1/2**
  - Eligibility:** For STAR Skate who have completed CanSkate Stage 6 or lower.
  - Age:** Must be aged of 25 years old and more on July 1st preceding the competition.
  - Free skate program:** Max. 1:30 minutes
- **MASTER 3/4**
  - Eligibility:** Geared to STAR Skate who have not mastered more than 5 single jumps.
  - Age:** Must be aged of 25 years old and more on July 1st preceding the competition.
  - Free skate program:** Max. 2:00 minutes

## PAIR EVENTS

- **LEVEL 1**
  - Eligibility:** Couples consist of two Special Olympics athletes and each pair member must be in Level 3 Free skate.
  - Free skate program:** Max. 1:30 minutes
- **LEVEL 2**
  - Eligibility:** Couples consist of two Special Olympics athletes and each pair member must be in Level 4 Free skate.
  - Free skate program:** Max. 2:00 minutes
- **LEVEL 3**
  - Eligibility:** Couples consist of two Special Olympics athletes and at least one of them must be in Level 5 Free skate or higher.
  - Free skate program:** Max. 2:30 minutes

## DANCE EVENTS

- ✓ **SOLO**
- ✓ **PAIRS**

- **PRELIMINARY LEVEL**
  - Eligibility:** Skaters must not have passed any dances.

Skaters must perform the following elements:

1. Forward clockwise progressives on circle (a complete circle)
2. Forward counter clockwise progressives on circle (a complete circle)
3. Forward clockwise chasses (a complete circle)
4. Forward counter clockwise chasses (a complete circle)

5. Forward swing rolls on axis (2 on each foot)
6. Slide Chasse- clockwise on circle (a complete circle)
7. Slide chasse counter clockwise on circle (a complete circle)
8. Forward outside cross rolls (2 on each foot)

For this category, there is NO RANKING

- **LEVEL 1**  
**Eligibility:** Skaters must have passed one Preliminary Dance (STAR 2a, 2b or 3a).  
**Pattern Dance:** Dutch (2 seq.) and Canasta (2 seq.)
- **LEVEL 2**  
**Eligibility:** Skaters must not have passed the complete Junior Bronze (STAR5) Dance test.  
**Pattern Dance:** Fiesta (2 seq.) and Willow (2 seq.)
- **LEVEL 3**  
**Eligibility:** Skaters must not have passed the complete Senior Bronze Dance test.  
**Pattern Dance:** Ten-Fox (2 seq.) and Fourteenstep (2 seq.)
- **LEVEL 4**  
**Eligibility:** Skaters must not have passed the complete Junior Silver Dance test.  
**Pattern Dance:** European (2 seq.) and Tango (2 seq.)
- **LEVEL 5**  
**Eligibility:** Skaters must not have passed the complete Senior Silver Dance test.  
**Pattern Dance:** Rocket (4 seq.) and Blues (2 seq.)
- **LEVEL 6**  
**Eligibility:** Skaters must have passed the complete Senior Silver Dance test. No restriction to how many Gold dances passed.  
**Pattern Dance:** Westminster (3 seq.) and Quickstep (2 seq.)

## ADULT CATEGORIES

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### ELIGIBILITY

For all categories, skaters must be an eligible person as defined in the Skate Canada Rule Book.

#### Requirements for categories

Skaters are expected to register in the appropriate category or categories, depending on the technical requirements of the program. It is understood that skaters will skate according to their ability.

Skaters must be 18 years of age or older by July 1st of the current year.

Skaters cannot register in two categories of the same discipline (eg Bronze and Silver in singles).

### TECHNICAL INFORMATION

Reference: Technical Requirements for [2018-2019 Adult Skating Programs](#)

### MARKING'S SYSTEM

- CPC judging system is used for all Adult's skating events.

## ADULT SINGLE SKATERS

### ✓ Ladies

### ✓ Men

- **Under 35 years old:** Not to have reached the age of 35 on the 1st of July preceding the competition.
- **35 years and over:** Be 35 years of age or over on July 1st preceding the competition.
- **MASTERS ELITE**  
A maximum freeskate program time of 4:10 minutes.
- **MASTERS ADULT**  
A maximum freeskate program time of 4:10 minutes.
- **GOLD**  
A maximum freeskate program time of 3:40 minutes.
- **SILVER**  
A maximum freeskate program time of 3:10 minutes.
- **BRONZE**  
A maximum freeskate program time of 2:40 minutes.
- **OPEN INTRODUCTION**  
A maximum freeskate program time of 1:40 minutes.

## **ADULT SKATERS PATTERN DANCE COUPLE**

Couples in dance can be made up of two women, one woman and one man or two men.

➤ **ELITE ADULT DANCE**

**Pattern dances:** Viennese Waltz (3 seq.) and Samba Silver (2 seq.)

➤ **STAR 10 / GOLD ADULT DANCE**

**Pattern dances:** Viennese Waltz (3 seq.) and Quickstep (4 seq.)

➤ **STAR 8/9 ADULT DANCE**

**Pattern dances:** Rocker Fox-Trot (4 seq.) and Starlight Waltz (2 seq.)

➤ **STAR 6/7 ADULT DANCE**

**Pattern dances:** European Waltz (2 seq.) and Keats' FoxTrot (2 seq.)

➤ **STAR 4/5 ADULT DANCE**

**Pattern dances:** Fourteensetp (4 seq.) and Willow Waltz (2 seq.)

## **ADULT SKATERS FREE DANCE**

Couples in dance can be made up of two women, one woman and one man or two men.

➤ **GOLD ADULT DANCE**

**Free Dance:** A maximum Free Dance of 3:10 minutes

➤ **SILVER ADULT DANCE**

**Free Dance:** A maximum Free Dance of 2:40 minutes

➤ **BRONZE ADULT DANCE**

➤ **Free Dance:** A maximum Free Dance of 2 minutes

## **ADULT SKATERS SOLO PATTERN DANCE**

✓ Ladies

✓ Men

➤ **ELITE ADULT SOLO DANCE**

Pattern Dance: **Cha Cha Congelado (2 seq.) and Viennese Waltz (3 seq.)**

➤ **GOLD ADULT SOLO DANCE**

Pattern Dance: **Tango Argentin (2 seq.) and Quickstep (4 seq.)**

➤ **SILVER ADULT SOLO DANCE**

Pattern Dance: **Blues (3 seq.) and Rocker Fox-trot (4 seq.)**

➤ **BRONZE ADULT SOLO DANCE**

Pattern Dance: **Willow Waltz (2 seq.) and Ten-Fox (3 seq.)**

**ADULT INTERPRETATION SKATERS**

**Test:** No restriction.

Interpretation program of 3 minutes maximum in duration.

✓ Ladies

✓ **Men**

➤ **ELITE**

➤ **GOLD**

➤ **SILVER**

➤ **BRONZE**

➤ **INTRODUCTION**

Prog. A maximum of 2 min. in duration

**ADULT SKATERS COUPLE INTERPRETATION**

Couples in interpretation can be made up of two women, one woman and one man or two men.

Test : Aucune restriction

Prog. Durée de 3 min. maximum

➤ **OPEN MASTER**

**OPEN**

**THIS ANNOUNCEMENT IS SUBJECT TO CHANGE**